



IAHA

Indigenous Allied
Health Australia

10 YEARS MAKING A DIFFERENCE



2019 NATIONAL CONFERENCE

23-25 SEPTEMBER, 2019 | DARWIN

Making a difference

Leaving healthy footprints

Conference Program

*“ You have come by way of the Larrakia Land.
You will hear the voice of Larrakia ancestors.
When you leave the Larrakia message will stay with you”*

— the late **Reverend Walter Fejo, Larrakia Elder**



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Indigenous Allied Health Australia is a national not for profit, member-based Aboriginal and Torres Strait Islander allied health organisation.

WARNING: Aboriginal and Torres Strait Islander peoples should be aware that this publication may contain images and names of people who have since passed away.

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IAHA also acknowledges original artwork by artist Jade-Aaron Williams, a proud descendant of the Wiradjuri and Barkinji peoples of Western NSW.

We pay our respects to the traditional custodians across the lands in which we work, and acknowledge elders past, present and future.

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IAHA would like to acknowledge the following universities that supported students attendance at the 2019 IAHA HealthFusion Team Challenge and National Conference:

Flinders University, University of the Sunshine Coast, Queensland University of Technology,
University of South Australia, Griffith University, Central Queensland University, Curtin University,
University of Canberra, University of Queensland, University of Newcastle

Conference Program

Friday 20 September 2019

4.00pm -	2019 IAHA HealthFusion Team Challenge - proudly Sponsored by Flinders University NT Room: Meeting Room 2
6.00pm -	Student Dinner - Darwin Convention Centre - proudly sponsored by the Fred Hollows Foundation Room: Frangipani Plaza
8.00pm	

Saturday 21 September 2019

8.30am -	2019 IAHA HealthFusion Team Challenge - proudly Sponsored by Flinders University NT Room: Meeting Room 2
5.30pm	

Sunday 22 September 2019

8.30am -	2019 IAHA HealthFusion Team Challenge - proudly Sponsored by Flinders University NT Room: Meeting Room 2
5.30pm	
5.30pm -	Student Dinner - Mindil Markets
8.30pm	

Monday 23 September 2019

7.30am	2019 IAHA National Conference registrations open Room: Registration Desk	
10.00am -	Men's Yarning Circle – Being an Aboriginal man and Wellbeing Worker — Clinton Schultz & Karl Briscoe <i>Open to Male Aboriginal and Torres Strait Islander People only</i> Room: Waterfront 1	Women's Yarning Circle - Being an Aboriginal Woman in 2019 — Dr Miriam Rose Ungunmerr & Miliwanga Wurrben <i>Open to Female Aboriginal and Torres Strait Islander People only</i> Room: Waterfront 3
4.00pm		
9.00am -	Cultural Tour - Pudakul Aboriginal Cultural Tours	
4.00pm		
1.00pm -	Pre-Conference Workshop - Leading Aboriginal and Torres Strait Islander Health Curriculum — Prof. Roianne West Room: Meeting Room 1 & 2	
4.00pm		
6.00pm -	Welcome Event – Darwin Convention Centre proudly sponsored by NSW Ministry of Health Room: Hall 1	
8.00pm		

Tuesday 24 September 2019 - Conference Day 1

7:00am	2019 IAHA National Conference registrations open Room: Registration Desk			
8:30am - 9:30am	Plenary Session — MC Professor Gregory Phillips - CEO ABSTARR Consulting Acknowledgement of Country Introduction and Overview of the day Opening Address — Ms Nicole Turner, IAHA Chairperson Welcome — Professor Tom Calma AO - IAHA Patron - via video Keynote Speaker — Ms Donna Ah Chee - Guiding Allied Health to meet community Room: Hall 1			
9:30am	Panel – IAHA 10 Years : Strengths, Solutions and Self-determination Dr James Charles, Dr Faye McMillan, Nicole Turner, Callum Slade and Jed Fraser Room: Hall 1			
10:30am	MORNING TEA			
11:00am	Concurrent Sessions			
	Care Room: Waterfront 1	Cultures Room: Waterfront 2	Connection Room: Waterfront 3	Collaboration Room: Hall 1
11:05am - 11:30am	Reflective practice as a program evaluation tool for systems improvement — Tina Brodie	Deadly Kids, Deadly Kindies and Deadly Futures — Tara Lewis and Hannah Forbes	Nyarrn-gakgo mangkie: Supporting Aboriginal young women into health careers — Samantha Paxton and Kylie Clarke	Working Collaboratively across sectors with external stakeholders — Michelle Elwell
11:35am - 12:00pm	Aboriginal Interpreter Service — Dr Curtis Roman	Working together to embed cultural approaches in local partnerships and service provision — Patricia Councillor and Crystal Taylor	Tucka-Time: Knowledge and Skills for a Healthy Life — Melena McKeown and Mary-Anne Quilter	Cultural responsiveness: measuring and evaluating social work practice — Prof. Sue Green
12:05pm - 12:30pm	This is all about our kids they are our future- Building Culturally Responsive Connections for Healing Trauma — Lana Draper and Debbie Haynes	Champions 4 Change - people in community making a difference — Kynan Bevan and Tyrone Brownley	Learning to connect and connecting to learn: A pilot student-led service for older people in East Arnhem — Murphy Dhayirra Yunupingu and Susan Witt	Collaborating to grow a workforce in urban Aboriginal and Torres Strait Islander health: Outcomes from the last 10 years — Dr Alison Nelson and Maddison Adams
12:30pm	LUNCH			
	Workshops		Concurrent Sessions	
1:30pm	Care Room: Waterfront 1	Cultures Room: Hall 1	Connection Room: Waterfront 2	Collaboration Room: Waterfront 3
1:35pm - 2:00pm	Using the performing arts to have uncomfortable yarns: Applying clinical yarning to palliative care — Jonathan Jauncey and Nicole Hewlett	Yarning Circle - Dadirri — Miriam Rose Foundation	Developing our Workforce to connect with community: Keys to findings from the Career Pathways Project — Erin Lew Fatt and Phil Naden	Connecting with Colleagues: Pharmacists working together for improved medicines management — Chastina Heck
2:05pm - 2:15pm			TBC	Collaboration in Aboriginal Health Education in Victorian Universities — Kerrie Thomsen and Lin Oke
2:20pm - 2:30pm			Aboriginal Quality Improvement: "Compliment, don't complicate" — Kerri Colegate	Working together from the ground up: Co-designing occupational therapy curricula — Janaya Charles and Loretta Sheppard
2:35pm - 2:45pm			Building Leadership Capacity as a Rural Optometrist — Lauren Hutchinson	Walking the OT Pathway: not for the Fainthearted — Kirsty Nichols and Robyn Williams
2:50pm - 3:00pm			Growing Together: Allied Health Interprofessional Immersion Placements in Remote NSW – Opportunities and Challenges — Mindy Gibbs and Melissa Kemp	An Alternative Eye Health Care Pathway – Walking it Together: Supporting Aboriginal and Torres Strait Islander people to access surgery — Amanda Sheppard and Dean Milner

Tuesday 24 September 2019 - Conference Day 1 (cont')

3:00pm	AFTERNOON TEA Keynote Speaker — Emeritus Professor Paul Worley - Rural Health Commissioner
4:00pm	Keynote Speaker — Associate Professor Chelsea Bond - In good hands: The unmitigated Black health professional'
4:30pm	Recommendations and wrap up
5:00pm	End Day 1
6.45pm -	Gala Dinner and Awards night
11.30pm	Room: Hall 4

Wednesday 25 September 2019 - Conference Day 2

7:00am	2019 IAHA National Conference registrations open Room: Registration Desk			
8:45am	Acknowledgement of Country Introduction and Overview of the day — MC Prof Gregory Phillips Opening Address — John Patterson - CEO, Aboriginal Medical Services Alliance Northern Territory			
9:30am	Keynote Speakers — NPY Women's Council			
10:30am	MORNING TEA			
	Concurrent Sessions		Workshops	
11:00am	Care Room: Waterfront 1	Cultures Room: Waterfront 2	Connection Room: Waterfront 3	Collaboration Room: Hall 1
11:05am -	Family Circles: an education and support program for families — Rikki Fischer and Kathy Katras	Working towards a De-colonised teaching methodology in Narrative Therapy and Community Work Learning — Tileah Drahm-Butler	Interprofessional skills for allied health professionals — Sueanne Gola and Nicola Cotter	Eye care for all enhancing eye health through allied health — Mitchell Anjou and Lauren Hutchinson
11:30am				
11:35am -	Respiratory Science in the Hospital and Community — Darren Smith	IAHA High School to Health Careers Program — Jordan Griffen and Kirrilaa Johnstone		
11:45am				
11:50am -	Talking after stroke or brain injury — Natasha Barlow and Michelle Dougan	Multidisciplinary Outreach Case Management in an Urban Aboriginal and Torres Strait Islander Primary Health Care Service — Elizabeth Darlington and Genavie Tabuai		
12:00pm				
12:05pm -	Providing culturally responsive podiatry care to Central Australian remote communities — Tracey Brand and Brad White	Cultures and Connection – Remote Health Experiences through culture and future health initiatives for multidisciplinary initiatives — Madeleine Bower and Sue Lenthall		
12:15pm				
12:20pm -	Building practical legal reforms to improve access for Indigenous women experiencing family violence by addressing the link between child protection, health services and reluctance to report — Tahlia Eastmen	Improving Australian Aboriginal and Torres Strait Islander Cancer Outcomes and Access to Culturally Safe Radiation Therapy Treatment: Where are we now — Tanya Grant		
12:30pm				
12:30pm	LUNCH			

Wednesday 25 September 2019 - Conference Day 2 (cont')

	Table Top Discussions Room: Waterfront 1,2, & 3				HFTC Room: Hall 1
1:30pm	Rural Health Pro - Connecting the rural health workforce — Laura Hardaker	Yarning together: Developing a culturally secure rehabilitation approach for Aboriginal Australians after brain injury — Mitchell Walley and Natalie Ciccone	A SEWB multidisciplinary Model of Care in Aboriginal Health — Fiona Haddon	Community paramedics for the community — James Tronc	2019 IAHA HealthFusion Team Challenge Final Showdown
		How do we make data speak using culture based data visualisation? — Assoc Prof Ray Lovett	The Staying Strong Toolbox for Aboriginal Families with MJD in the Top End of Australia — Joyce Lalara and Jen Carr	A Divisional Approach to Collaboration on Aboriginal Strategy in Health Sciences — Michael Watkins	
3:00pm	AFTERNOON TEA				
3:30pm	Keynote Speaker: Clinton Schultz - Allied Health Graduates Contributing to Change Room: Hall 1				
4:00pm	Keynote Speaker – Prof. Kerry Arabena - Allied Health in the Anthropocene: Cultural Determinants and Survival Imperatives in the 21st Century.				
4:30pm	Recommendations and wrap up				
5:30pm - 7:30pm	Conference Closing Ceremony proudly sponsored by NSW Rural Doctors Network				

Poster Presentations

Mentoring group helps Maaori and Pacific students embrace their whole selves to succeed
— Eti Televave

Engaging with IAHA, Leadership in my allied health journey
— Jed Fraser

Cultural Welcome Packs: Supporting Cultural Strength and Healing
— Anna Bell

Cultural Responsiveness in Action
— Charlie Giles & Hayley McQuire

Supporting our Members through Mentoring
— Donna-Maree Towney

NT Health Academy: the Journey so far
— Kylie Stothers & Rikki Fischer

Thursday 26 September 2019 - IAHA AGM (may be subject to change)

7:30am -	IAHA Annual General Meeting Registrations Room: Waterfront Foyer
8:30am	
8:30am -	2019 IAHA Members Forum Room: Waterfront 1 & 2
11:00am	
10:30am	MORNING TEA
11.30am -	2019 IAHA Members Forum Room: Waterfront 1 & 2
1.00pm	
12:30pm	LUNCH
1:30pm -	IAHA Annual General Members Meeting Room: Waterfront 1 & 2
3:00pm	

Welcome from the IAHA Chairperson



I am pleased to welcome you to the 2019 Indigenous Allied Health Australia (IAHA) conference. This year, we gather on the land of the saltwater people - the Larrakia, in Darwin, Northern Territory.

Our theme for 2019, 10 Years Making a Difference recognises the contribution that members, communities and organisations are making in working with Aboriginal and Torres Strait Islander individuals, families and communities who are leading change for healthy, thriving lives now and into the future.

Substantial changes in Aboriginal and Torres Strait Islander health and wellbeing have occurred over the past 10 years, particularly within the workforce. Increasing the number of Aboriginal and Torres Strait Islander people in the health workforce is fundamental to closing the health and wellbeing gap and the need is urgent. This year on IAHA's 10-year anniversary, IAHA is recognising the contribution of Aboriginal and Torres Strait Islander health professionals by sharing some of their health journeys with you. IAHA is delighted to share a publication of 10 stories, with the view of inspiring Aboriginal and Torres Strait Islander students to pursue a career in allied health.

This conference will provide an opportunity to uphold Aboriginal and Torres Strait Islander knowledges and the diversity of cultures, share best practices and learn with hope and commitment for the future of health and wellbeing for Aboriginal and Torres Strait Islander peoples. Those interested in listening and learning on how to work appropriately with Aboriginal and Torres Strait Islander people within the health and wellbeing system to positively affect health outcomes will certainly gain this and more.

I extend a heartfelt thanks to the keynote speakers and conference presenters for their important contributions to the program. I would also like to acknowledge and thank the IAHA CEO and IAHA secretariat for their genuine enthusiasm and their hard work to bring this conference to us today. In closing I wish to thank my fellow Board Directors who have provided their support and direction over the past year.

A handwritten signature in black ink that reads "N. Turner".

Nicole Turner
IAHA Chairperson



Master of Ceremonies

Professor Gregory Phillips, CEO ABSTARR Consulting



Gregory Phillips is from the Waanyi and Jaru Aboriginal Australian peoples and comes from Cloncurry and Mount Isa.

He is a medical anthropologist, has a PhD in psychology ('Dancing With Power: Aboriginal Health, Cultural Safety and Medical Education'), a research master's degree in medical science ('Addictions and Healing in Aboriginal Country'; published as a book in 2003), and a bachelor degree in arts (Aboriginal Studies and Government majors).

Gregory has twenty years work experience in healing, alcohol and other drugs, youth empowerment, medical education and health workforce. He developed an accredited Indigenous health curriculum for all medical schools in Australia and New Zealand, founded the Leaders in Indigenous Medical Education (LIME) Network, and co-wrote a national Indigenous health workforce strategy. He established the Aboriginal and Torres Strait Islander Healing Foundation Ltd in the wake of the federal apology to Indigenous Australians has advised federal ministers on Indigenous health inequality and was honoured in 2011 with an ADC Australian Leadership Forum Award.

Gregory is currently Chief Executive Officer of ABSTARR Consulting, and an Associate Professor and Research Fellow at The Baker IDI Heart and Diabetes Institute.





HEALTH PLACEMENT IN THE NT

Allied health and nursing students from any Australian university can apply for a Northern Territory (NT) placement supported by Flinders University. Broaden your horizons, discover the NT and complete your university placement requirements by partnering with Flinders University in Alice Springs, Darwin, Katherine, Nhulunbuy or Tennant Creek.

Studying and living in the NT presents you with the unique opportunity to immerse yourself in the local culture while continuing your studies.

Placements can be designed to develop your strengths or build a pathway to achieve your career and life goals. Flinders can assist with:

- Aboriginal cultural awareness and health workshops
- Orientation to our sites and local area information
- Financial assistance to Indigenous students
- Financial assistance for students from Flinders and Charles Darwin University
- Contemporary and modern, subsidised accommodation
- Access to business facilities including computers, video conferencing, Wi-Fi, common rooms and libraries
- Student networking and education sessions.

To find out more about placements with Flinders University in the NT contact Associate Professor Narelle Campbell on email FNT.placements@flinders.edu.au or phone +61 8 8920 0238

For more information visit: flinders.edu.au/nt-placements

Day One - Keynote Speaker

Donna Ah Chee , CEO Central Australian Aboriginal Congress



Donna Ah Chee is the CEO of Central Australian Aboriginal Congress (Congress), an Aboriginal community-controlled primary health care service employing over 400 staff to deliver integrated services in Alice Springs and six nearby remote communities.

She is a Bundgalung woman from the far north coast of New South Wales who has lived in Alice Springs for over 30 years. Donna is married to a local Yankunytjatjara/ Arrernte man and together they have three children.

Donna is a director on the board of the Aboriginal Medical Services Alliance of the NT (AMSANT) and is Chair of the NT Aboriginal Benefit Account Advisory Committee (ABAAC) until 30 June 2019. She sits on the board of the National Aboriginal Community Controlled Health Organisation (NACCHO) where she previously served as CEO, and is a board member of the NT Primary Health Network (NTPHN).

Donna is an expert member of the National Aboriginal & Torres Strait Islander Health Implementation Plan Advisory Group (IPAG), member Northern Territory Aboriginal Health Forum (NTAHF), Chair NT Children and Families Tripartite Forum and she represents Congress on the Alice Springs Peoples' Alcohol Action Coalition (PAAC).

Panel Discussion

IAHA 10 Years: Strengths, Solutions and Self-determination

Dr James Charles, Dr Faye McMillan, Nicole Turner, Jed Fraser, Callum Slade



Day One - Keynote Speakers

Emeritus Professor Paul Worley, Rural Health Commissioner



Professor Worley has had a distinguished career in rural health, both as a practitioner and an academic. He studied medicine at the University of Adelaide, graduating in 1984 and has worked as a Rural Generalist in rural South Australia; first at Lameroo, and then in Clare, Barmera and currently at Yankalilla. He lives in South Australia with his wife, and has seven children (including three children in-law) and six grandchildren.

Professor Worley has long been a leading figure internationally in the rural health and medical education sectors, has held senior positions in the Rural Doctors Association of South Australia and the Australian College of Rural and Remote Medicine, was instrumental in establishing rural Divisions of General Practice across South Australia, has served as a Board Director for the Adelaide PHN and for AGPT Regional Training Organisations in the Northern Territory and South Australia, is Editor in Chief of the international journal, Rural and Remote Health, and is an elected Fellow of the Australian Academy of Health and Medical Sciences.

As National Rural Health Commissioner, Professor Worley is passionate about quality, equity and fairness for all, especially the underserved. Australia's rural and remote communities and the health professionals who serve them, deserve an evidence-based, sustainable, cost-effective and well supported rural health system, designed by rural clinicians, grown in rural regions, and serving all who live across our vast land. We must have the right health professionals delivering the right care, in the right place at the right time.

Associate Professor Chelsea Bond, University of Queensland



Associate Professor Chelsea Bond is an Aboriginal (Munanjahli) and South Sea Islander woman and a Senior Research Fellow within the School of Social Science at The University of Queensland. Dr Bond has worked as an Aboriginal Health Worker and researcher in communities across south-east Queensland for the past 20 years and has a strong interest in interpreting and privileging Indigenous experiences of the health system including critically examining the role of Aboriginal health workers, the narratives of Indigeneity produced within public health, and advocating for strength based community development approaches to Indigenous health promotion practice. Her current research supported by the Australian Research Council seeks to examine how race and racism operate within the health system in producing the persisting health disparities experienced by Indigenous peoples.

Day Two - Keynote Speakers

John Patterson, CEO Aboriginal Medical Services Alliance Northern Territory



John Paterson — born and bred Territorian, John's family is affiliated with the Ngalakan tribe, located in the Roper River region. John was appointed as the CEO of AMSANT in June 2006 and immediately outlined his priorities for the organisation in the coming years.

"John's goal is to strengthen and enhance our community controlled health services in the NT so we can improve both the quality and duration of life for Aboriginal people," John says. "I'm particularly keen to help improve the mental health of the people in our region, with a holistic approach to primary health care.

"He hopes to build on the AMSANT's strong history of advocacy and to continue lobbying the territory and federal governments to acknowledge the on-going success of the Aboriginal community controlled health sector.

Ngaanyatjarra Pitjantjatjara Yankunytjatjara (NPY) Women's Council



Ngaanyatjarra Pitjantjatjara Yankunytjatjara (NPY) Women's Council is led by women's law, authority and culture to deliver health, social and cultural services for all Anangu. NPY Women's Council nurtures strong Anangu voices and solutions for the region to provide better outcomes for future generations. We are advocates, capacity builders and service providers. The way we work is innovative and unique, and places our people and culture at the heart of what we do. NPYWC is governed and directed by Aboriginal women across 26 desert communities in the cross-border regions of Western Australia, South Australia and the Northern Territory.

The NPYWC Ngangkari Program supports a dynamic group of ngangkari (traditional healers) who are also highly respected artists, teachers, community leaders and health workers. As well as applying their traditional skills as healers in their communities, they provide advice to Indigenous and non-Indigenous people and services outside their communities, using their extensive knowledge of culture and family. The Ngangkari program has received national and international acclaim including the Sigmund Freud Award of the World Council of Psychotherapy Congress in 2011, and the RANZCP 2009 Mark Sheldon Prize. The program has produced a book – 'Traditional Healers of Central Australia: Ngangkari', winner of a Deadly Award in 2013 for best published book.

Day Two - Keynote Speakers

Clinton Schultz, Director, Marumali Consultations



Clinton Schultz is a Gamilaraay man and registered psychologist with a keen interest in holistic wellness, particularly the wellness of workers in health and community services. Clinton is in the process of submitting his PhD titled: Winanga-li-gu (Higher order listening), Guwaa-li-gu (higher order speaking), Maruma-li-gu (higher order healing). Factors of holistic wellbeing for members of the Aboriginal health and community workforce. He is an Assistant Professor with Bond University Medical School, Director of Marumali Consultations and Owner of Sobah beverages.

Professor Kerry Arabena, Managing Director, Karabena Consulting



Professor Kerry Arabena is Managing Director of several 100% owned and operated Indigenous Businesses including Karabena Consulting, First 1000 Days Australia and Weyarn Pty Ltd – a social and emotional wellbeing social enterprise company. A descendant of the Meriam people from the Torres Strait, Kerry's work has brought her to the forefront of Indigenous affairs in Australia. A former social worker with a Doctorate in Environmental Science, Kerry has held senior positions including Chair of Indigenous Health at the University of Melbourne, Executive Director of First 1000 Days Australia, CEO of the Lowitja Institute, and Director of Indigenous Health Research at Monash University. With an extensive background in public health, administration, community development and research, Kerry has led a wide range of organisations and committees including the National Aboriginal and Torres Strait Islander Health Equality Council and the National Congress of Australia's First People. Currently a Director of Kinaway Chamber of Commerce and President of EcoHealth International, Kerry holds an honorary professorial position with the University of Melbourne and has a number of entrepreneurial programs in development.

Pre-Conference Program

Women's Yarning Circle - Being an Aboriginal Woman in 2019 Monday 23 September 2019 10am – 4pm

Facilitators Dr Miriam Rose Ungunmerr and Miliwanga Wurrben

The use of a **yarning circle** is an important process within Aboriginal culture and Torres Strait Islander culture. It has been used by Indigenous peoples from around the world for centuries to learn from a collective group, build respectful relationships, and to preserve and pass on cultural knowledge.

IAHA is pleased to offer to Aboriginal and Torres Strait Islander Women attending the 2019 Conference to come and sit in the Circle with Cultural Leaders and Teachers, Dr Miriam Rose Ungunmerr Baumann OAM and Miliwanga Wurrben.

Life as an Aboriginal Woman in the Health Sector can be a demanding role. This yarning circle will be a safe space for Aboriginal and Torres Strait Islander woman only to have a place to connect with – Self, each other, culture, country and learning & exploring about the practise of Dadirri. The Yarning Circle will be a space where one can come and sit with other Aboriginal and Torres Strait Islander woman and talk about managing the demands of life as an Aboriginal Health Professional (or student) and to learn ways to heal, connect with others, think about the roles, relationships and the importance of connection to culture, country, and kinship.

- This Yarning Circle is for Aboriginal and Torres Strait Islander Women only
- It will be a culturally safe space for Women
- All Women will receive a smoking ceremony blessing prior to entering the Yarning Circle space

Learning Objectives:

- Introduction and experiential learning opportunity to be immersed in a culturally safe and responsive space for Women to come together to talk about issues relevant to the lives of Women in 2019.
- Dr Miriam Rose will introduce participants to the concept of Dadirri – Inner Deep Listening and Quiet Still Awareness. Exploring how this directly relates to the important of Self Care and impacts the way in which we listen to others.
- Miliwanga Wurrben will share her cultural perspectives and knowledge on Ngalandakku – Universal Balance and share her experiences regarding traditional healing practises and her work as a cultural consultant in the health and medical industry.



Dr Miriam-Rose Ungunmerr (AO)

Dr Miriam-Rose Ungunmerr (AO) is an Aboriginal Elder from Nauiyu (Daly River), where she served for many years as the principal of the local Catholic primary school. She is a renowned artist, activist, writer and public speaker. In 1975, Miriam became the Territory's first fully qualified Aboriginal teacher, holding the position of Art Consultant with the Professional Services Branch of the Northern Territory Department of Education. During this time she visited schools throughout the Territory thus gaining the opportunity to advance her commitment to the inclusion of visual art as a part of every child's education.

In 1993 she became the Principal of St Francis Xavier School in Nauiyu. And in 2004 her abilities saw her appointed as a member of the Federal Government's advisory body, the National Indigenous Council. Her achievements have been recognised in the awarding of an honorary PhD in Education and being made a Member of the Order of Australia in 1998.

In 1988, as part of the Australian Bicentenary Celebrations, Miriam presented a paper at a conference entitled Dadirri – Inner Deep Listening and Quiet Still Awareness. This beautifully concise explanation of the spiritual dimension of Aboriginal culture has since been utilised by people working in diverse settings and in private meditations all over the globe. Miriam has become a spokesperson for this important aspect of the Aboriginal worldview and is regularly invited to share her knowledge and experience of Dadirri with groups throughout Australia as well as internationally.

In 2013, Miriam established the Miriam Rose Foundation to continue her work advocating for experiences that allow Indigenous youth to learn to 'walk in two worlds' – Aboriginal culture and mainstream Western culture. The Foundation is also producing resources to help spread the message of Dadirri and creating opportunities for people to learn about it from community members in Nauiyu. This has led to the establishment of The Dadirri Cultural Connection Tours to Nauiyu – which include school groups, family groups and specialised groups who wish to deepen their knowledge of culture and how to connect from an Aboriginal perspective.

Miriam's many contributions have greatly benefited both local Aboriginal and broader mainstream society in ways that are seeing true reconciliation worked out at the ground level. Miriam was awarded NT Mother of the Year in 2017 and more recently nominated for NT Australian of the Year.





Miliwanga Wurrben

Miliwanga Wurrben is a traditional Rembarrnga women from the Mirratja clan group, originally from the Central Arnhem region. Miliwanga lives in Katherine, Northern Territory. Her home is also Wugularr, her skin group is Galijan of the Duwa moiety. Miliwanga comes from a family line of traditional healers and is an advocate for sharing the importance of traditional Indigenous healing modalities as well as working as a Traditional Cultural Education Consultant.

Miliwanga is a traditional artist, weaver, and healer. She has overcome adversity in her own life, coming from the remote regions of the Northern Territory. She stands now as a leader and Elder in her community and as an advocate for the rights of Indigenous People. Miliwanga currently works as a Cultural Advisor and language interpreter, facilitating Cultural Awareness workshops with medical students and mainstream health providers, educating about traditional bush medicine and other traditional health therapies. Miliwanga also cofacilitates regular weekly Yarning Circles in Katherine in collaboration with Save the Children. Miliwanga is the Chairperson for Banatjarl Strongbala Women Association and is on the board of Mimi Arts.

As is a gifted public speaker, Miliwanga is often asked to travel interstate and internationally to speak at diverse forums about the importance of strong cultural identity, spiritual well-being and true reconciliation as found through the core cultural values of Unity, Belongingship, Identity and Connection towards achieving Universal Balance, as said in her Rembarrnga language, Ngalandaku. Miliwanga has facilitated workshops with the Amnesty International and Oxfam Organisation relating to the United Nations Declarations for Indigenous Peoples of the World. Miliwanga often uses her art works to share the depth and wisdom of her ancient culture so as to bring about understanding and support for Indigenous People.

"It's taken me many years to find the words and ways to give meaning to an intricate, complex culture. To be able to explain so that people understand the depth and uniqueness of Aboriginal Spirituality expressed through culture. So many times we talk about it and people would not really get the grip of what we are saying. I am hoping I may help."



Mens Yarning Circle - 'Being' an Aboriginal man and Wellbeing worker

Monday 23 September 2019 10am – 4pm

Facilitators Clinton Schultz and Karl Briscoe

The challenges of being an Aboriginal man in today's world along with the stresses of undertaking complex wellbeing work can take its toll on us. Sometimes leading us to forget our important responsibilities to self and other. Guwaa-li (speaking) can assist us to get back on track and to be the best version of ourselves for that we are connected to.



Clinton Schultz

Clinton Schultz is a Gamilaraay man and registered psychologist with a keen interest in holistic wellness, particularly the wellness of workers in health and community services. Clinton is in the process of submitting his PhD titled: Winanga-li-gu (Higher order listening), Guwaa-li-gu (higher order speaking), Maruma-li-gu (higher order healing) Factors of holistic wellbeing for members of the Aboriginal health and community workforce. He is an Assistant Professor with Bond University Medical School, Director of Marumali Consultations and Owner of Sobah beverages.



Karl Briscoe

Karl Briscoe is a proud Kuku Yalanji man from Mossman – Daintree area of Far North Queensland and has worked for over 17 years in the health sector at various levels of government and non-government including local, state and national levels which has enabled him to form a vast strategic network across Australia. Karl has taken up the position as the Chief Executive Officer of NATSIHWA to progress and represent the invested interests of Aboriginal and/or Torres Strait Islander Health Workers and Health Practitioners.

Previous to NATSIHWA Karl was the Clinical Services Manager at the Galambila Aboriginal Health Service in Coffs Harbour. He has a vast array of experience at Senior Executive levels including previous positions as the Executive Director of Indigenous Health and Outreach Services in Cape York and Torres Strait Hospital and Health Service, which provided the skills and knowledge to coordinate strategic intent to address the health needs of Aboriginal and Torres Strait Islander people. Karl commenced his career in health when he completed an Aboriginal and/or Torres Strait Islander Health Worker traineeship with Queensland Health in Mossman Community Health where he progressed to the Senior Health Worker role, Principal Policy along with Partnership Management positions. He completed the Primary Health Care training up to the Advanced Diploma and then went on to complete a Masters of Public Health, Graduate Certificate in Public Sector Management, Diploma in Practice Management and more recently completed the MURRA Indigenous Business Master Class Program.

Leading Aboriginal and Torres Strait Islander Health Curriculum

Monday 23 September 2019 1pm – 5pm

Cost \$150

Facilitator Professor Roianne West RN, MNurs(MntlHlth), PhD

The Griffith University's First Peoples Health Unit was established in August 2015. Since its inception the team has designed, implemented and evaluated numerous First Peoples Health curriculum innovations all aligned with the Aboriginal and Torres Strait Islander Health Curriculum Framework. These include discrete courses, integrated curriculum, Interprofessional and Simulation-Based Learning modules, E-Learning Innovation and a Massive Online Open Course (MOOC). This workshop will share findings from the evaluations of these innovations including non-Indigenous student and staff perspectives and Indigenous student perspectives. It will further share lessons learnt in this four-year journey.

Learning Outcomes:

- Increase knowledge and understanding of the enablers and disablers of designing and implementing The Aboriginal and Torres Strait Islander Health Curriculum Framework (The Framework) across health professional programs.
- Develop strategies for program and faculty wide approaches to implementation of The Framework; and
- Design professional development strategies for Academics implementing The Framework.



Professor Roianne West

Title and Current Appointments:

- Director of the First Peoples Health Unit Griffith University, QLD
- Foundation Professor of First Peoples Health Griffith University, QLD

Professor Roianne West is a Kalkadoon and Djaku-nde woman born and raised in North West Queensland. Roianne has more than 25 years' experience in Aboriginal health, education and research where she commenced as an Aboriginal Health Worker.

Professor West's research aims to the inform the development of culturally safe university health faculties and culturally safe health systems through innovations in Aboriginal and Torres Strait Islander Health and cultural safety education and training in accordance with Indigenist Research.

Cultural Tour - Pudukul Aboriginal Tours & Spectacular Jumping Crocodile Cruise

Monday 23rd September 2019 - 9am to 4pm

Cost \$180 – Limited places

Pick up – 9.00pm – Darwin City

Travel to Pudukul Aboriginal Cultural Tours (Approximately 50-minute drive to Pudukul along the Arnhem Highway) out to the Outer Darwin Wetland Region

Arrive Pudukul 10:15am

Welcome to country (5 minutes) -talk on the dreamtime story and local creation story

Traditional welcome to country (head watering) all participants will be asked if they would like to participate (water will be put on the participant's head either by the guides mouth – this is traditionally sprayed on or by tapping a small amount of water on the top of their head (Limilngan-Wulna traditional way). (5 minutes). Depending on group size, participants will could be split into (up to three) groups. Groups taken up the bush tucker walk and talk (one after the other) – (5-10 minutes). They will learn about the local plant usage such as medicinal, bush tucker or natural resource. Group one will go to the spear throwing area and group two will go to the basket weaving and dilly bag making hut. There is a 3rd activity arena so depending on group size they will be rotated between them including the didgeridoo and clap stick hut and ochre colour. Groups will be rotated throughout the engagement tour and will spend approximately 25 minutes at each activity and this will allow a minute to stop and rotate the groups.

Billy Tea and Damper – served at 12pm

A selection of hot and cold beverages will be served to guest of which is tea/coffee/orange juice/ apple juice and iced water. Damper (bush bread) will be served with toppings such as Jam, golden syrup, honey, vegemite and marmalade jam. Lavish selection of vegetarian and meat lovers' rolls will be served along with a selection of mineral and diet drinks.

Depart Pudukul for Jumping Croc Tour – 12.30pm arriving Jumping Croc tour at 1.00pm for a 1-hour boat cruise on the Adelaide River. Travel approximately 10 Kilometres to Spectacular Jumping Crocodile Cruises to board the vessel to watch crocodiles leaping from the river to get meat and a bird of prey show on the river. Concluding the cruise at 2pm.

Thank you and Farewell

Depart 2.20pm

Arrive Darwin at approximately 4.00pm

We Provide	You Bring
Boarding passes	Walking shoes
Refreshments	Refillable water bottle
Snacks	Sunscreen
Transportation	Camera
Iced water	Hat

General Information

Registration and Information Desk

The IAHA Conference registration desk will be located in the foyer area of the Darwin Convention Centre.

The registration and information desk will be open:

Monday 23 September 2019	7.30am – 9pm
Tuesday 24 September 2019	7.00am – 5.30pm
Wednesday 25 September 2019	7.00am – 6.00pm

Media/Social Media

Want more ways to connect at the IAHA National Conference? Download the IAHA Conference app for the full program including speakers bios, social events and social media activity.

You can share your experiences and your selfies using the **#IAHAconf19**

Follow us on twitter at **@IAHA_National**

Use the **#IAHAconf19** to share your experiences of the conference, and the tweet with the most retweets will win an IAHA merchandise hamper valued at over \$130!!

Like and share on Facebook **@IndigenousAlliedHealthAustralia**

Photo consent

IAHA regularly used and reproduces photographs and video materials for our promotion and marketing resources, publications and reports. During the 2019 National Conference we have a talented Indigenous photographer in attendance taking photos of delegates, members, staff and sponsors.

Note: If you do not want your photo taken or used for IAHA purposes please inform the IAHA staff when registering or at anytime at the registration/information desk.

Conference App

IAHA have an exciting conference app! To use the app follow the instructions:

- Download the Ignite Event Launcher from the app store
- Open the Event Launcher and enter the code IAHA2019
- Log in using your specific log in details as emailed to you, and choose your visibility settings to engage with IAHA communications and other delegates using the app.
- Click on the activity feed to post and share in conversations
- Highlight your sessions and save them to your schedule
- Get notifications and reminders to keep you on track during the conference
- Take notes and export directly to your email



10 Year Timeline Installation

During the conference you can be part of telling the 10 year IAHA story by adding to the visual, interactive installation when you joined as a member, when you graduated, won an award, attended an IAHA event, participated in the Health Fusion Team Challenge etc. There are various art mediums available, stickers, pens and even polaroids to stick up on the timeline – take your pick and have fun getting creative.

IAHA mentoring sign up

At a break please have a discussion with our Staff at the IAHA Booth in the exhibition area about participating in our Mentoring Program. We are looking for a range of diverse people, professions and backgrounds to support our members in this program. We are also promoting the program to our members to sign up and gain valuable support from others willing to share their knowledge and experiences with you.

If you think you have something to contribute or want to know more come and see us! Existing mentors and IAHA members can also update their personal details to the side of the IAHA booth.



Transport

Taxi

Getting around Darwin by taxi is easy, you can catch taxi one of five ways: call a taxi company; use a smartphone app; go to a taxi stand; hail a cab; or make a direct arrangement with a driver. When it comes to Darwin, there are two reliable taxi companies; Blue Taxi Company and Darwin Radio Taxi and they both have reliable smart phone apps. Fares as illustrated by the Northern Territory Government are: Monday to Friday, 6am – 6pm, \$1.54 per kilometre and 6pm – 6am \$1.89 per kilometre. Additional surcharges will apply for peak taxi times, additional passengers, and holidays.

Blue Taxi Company	13 82 94
Darwin Radio Taxi	13 10 08
Metro Mini Bus Service	(08) 8983 0577

Uber Darwin

Uber X is a popular fixture of getting around Darwin, and a great alternative to a taxi or Darwin public transport. Base fare \$2.50, booking fee 55c, cost per minute 38c, cost per kilometre \$1.25, minimum charge \$7.50 and cancellation fee \$8.00. Download the app and update your city details to Darwin, Australia to calculate your fare estimate or to order a ride, or check out their website.

Bus Routes

Public buses in Darwin and Palmerston are run by Buslink and Territory Transit with most services operating seven days a week including public holidays (excluding Christmas Day and Good Friday). The bus network operates from the Darwin, Casuarina and Palmerston interchanges.

Visit the NT Government's website at: <https://nt.gov.au/driving/public-transport-cycling/public-buses/Darwin-and-Palmerston-timetables-and-maps> for timetables and maps.

For general bus enquiries you can call 08 8924 7666, Monday to Friday, 6:45am to 4:30pm.

Amenities

Pharmsave Pharmacy

Is a 4 minute drive (17 min walk) from Darwin Convention Centre.

Located at Shop 4, Mitchell Centre, 55 Mitchell Street, Darwin City NT 0800, Phone: (08) 8981 4442.

Open: Monday – Friday, 8:30am – 6:00pm.

Amcal Pharmacy Darwin

Is a 4 minute drive (15 minute walk) from Darwin Convention Centre. Shop 1 and 2, 35 – 37 Smith Street, Darwin City NT 0801, Phone: (08) 8981 2333.

Open: Monday – Friday, 8am – 5pm.

Mediclinic Darwin (Bulk Billing Clinic)

5 / 13 Cavenagh Street, Darwin City

Phone: (08) 7970 0793

Opening Hours: Monday – Friday, 8:30am – 6:00pm

Appointments are available daily, although they recommend you book in advance to ensure there is a doctor available to see you. You can book online. Booking an appointment is easy and can be done at any time.

AMS Danila Dilba Health Service:

Danila Dilba Health Service is Darwin's only Aboriginal community-controlled Health Service, with seven clinics in the region catering to the Aboriginal and Torres Strait Islander population. There are clinics throughout Darwin, with the closest being the Darwin Clinic, 32 – 34 Knuckey Street, Darwin City, a 4 minute drive by car from Darwin Convention Centre.

Phone: (08) 8942 5444

Opening Hours: Monday – Friday, 8am – 4pm

Supermarket

Coles and Woolworths supermarkets are a 4 minute drive from Darwin Convention Centre. Both supermarkets are open Monday to Sunday 6am – 10pm.

Coles: Mitchell Centre, Mitchell Street, Darwin City

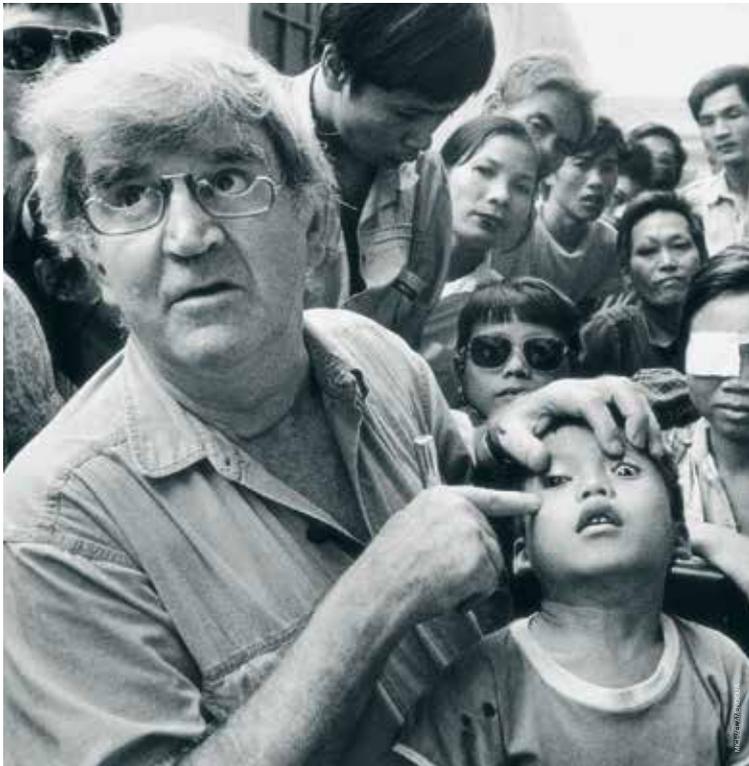
Woolworths: Cavenagh St and Whitfield St, Darwin City

Feedback

We have placed a large basket near the front stage in the Plenary Ballroom for delegates to provide feedback throughout the conference. You can provide recommendations on key strategic issues or topics that you think would benefit IAHA's work in achieving our core priorities. Recommendation will be collated and shared in the last wrap up session of the conference. Your recommendation may come from learnings throughout the conference, keynote speakers, or key themes or challenges that you see may be important to our work.

We value your feedback and look forward to your input at the 2019 National Conference.

Conference evaluation forms will be sent out electronically after the Conference. Your opinion is important to us so please take the time to complete an evaluation.



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Social and Cultural Events

2019 Welcome Event

Monday 23 September 2019

Venue: Darwin Convention Centre

Time: 6pm – 8pm

Proudly sponsored by



Proudly sponsored by the NSW Ministry of Health, the Welcome Event kicks off the 2019 IAHA National Conference, 10 years of Making a Difference, providing delegates with an opportunity to connect and network with each other in a friendly and relaxed environment. An important function of the Welcome event is to receive a Welcome to Country from the Traditional Owners of the land we are meeting on, the Larrakia people.

The night will begin with a Welcome to Country by Larrakia Traditional owner Richard Fejo and Dance Group Darwin Larrakia/Belyuen Dancers. Entertainment will be provided by amazing local Indigenous talent so relax and enjoy views over Darwin Harbour while catching up with old friends and meet new ones.



Conference Gala Dinner and Awards

Tuesday 24 September 2019

Venue: Ballroom – Hall 4

Time: 6:45pm – 11:30pm

A night of celebrating excellence and action – the Gala Dinner is the premier national networking event in Aboriginal and Torres Strait Islander allied health. It will feature the annual National Indigenous Allied Health Awards, which recognises the contribution of IAHA members in improving the health and wellbeing of Aboriginal and Torres Strait Islander peoples.

The night will begin with a Welcome to Country by Larrakia Elder Richard Fijo, and the Darwin Larrakia/Belyuen Dancers. Entertainment will be provided by the fabulous Rochelle Pitt. So put on your dancing shoes and dress deadily in your best evening outfit!

Note: Tickets are not available at the door on the night as there are limited seats. Only pre-purchased ticket holders are able to attend.

Rochelle Pitt

Rochelle Pitt is a Butchulla/Kalkadoon and traditional owner of Quandamooka Nation who started singing and performing at a young age in the churches and choirs of Far North Queensland.

Her long journey has forged a powerful voice that celebrates the strength, beauty and love within all of us. In her early twenties, Rochelle had breakout success with her original tracks "Too Deadly My Sister" and "Black to Reality" from her seminal EP Black to Reality, an uplifting and inspirational ode to her First Nation people. The conviction of her live performances leaves audiences breathless, and in recent years Rochelle has found mainstream success as she went from nurse and mother, to star on Australia's The X factor.

Rochelle's newest EP, Soul Mumma was released in December 2017, and today she continues to enjoy performances across Australia at music festivals, community events and across the corporate sector. She is also proud ambassador for APRA AMCOS advocating for the rights of Aboriginal & Torres Strait Islander singer/songwriters, and passionately supports organisations such as Kidney Health Australia.



Closing Ceremony

Wednesday 25 September 2019

Venue: Harbour Boardwalk

Time: 5:30pm – 7:00pm

Relax and celebrate the end of the 2019 IAHA National Conference – 10 years making a difference, at the Closing Ceremony and be entertained by one of the NT's premier entertainers Constantina Bush. Proudly sponsored by NSW Rural Doctors Network the closing ceremony will be the perfect way to wind up the 2019 IAHA National Conference - 10 Years Making a Difference.

Constantina Bush

Since 2008 Constantina Bush has been touring around Australia and other parts of the world spreading her hope for a better world for her people. She has been referred to as Australia's premiere Indigenous showgirl and lives up to that title. A darling on the festival circuit she will be making an appearance at the 2019 IAHA National Conference Closing Ceremony! Constantina uses comedy and song to get across quite serious issues to an audience that haven't had much knowledge or exposure to Indigenous issues relevant today



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TO BUILDING CULTURAL SAFETY**

Health & Wellbeing for Conference participants

IAHA holds an unwavering commitment to the optimal health and wellbeing of Aboriginal and Torres Strait Islander people. Driven by a genuine care for conference participants, IAHA is providing a culturally, physically and psychologically safe environment that considers both spiritual and environmental wellbeing for all conference participants. The IAHA 2019 conference will be underpinned by a social and emotional wellbeing framework, which facilitates strong connections to culture, health, wellbeing and inclusivity.

- Welcoming ceremony with culture, ceremony, dance and genuine welcome.
- Men's and Women's yarning groups will be held pre-conference.
- Artist in residence
- Elders in residence.
- Healing room will be made available for all participants.
- A health and wellbeing team will be available for conference presenters and participants.
- Closing ceremony.

Health and Wellbeing Package

Proudly sponsored by



IAHA Walking Group

6.45am – 7.15am — Tuesday 24, Wednesday 25 and Thursday 26 September

This group will meet at the reception of the Adina Vibe to take in the sights of Darwin with a group walk. Don't miss out on the fresh air and tropical sun, great way to start the day!

Fitness Classes

6.30am - 7.00am Tuesday 24, Wednesday 25 and Thursday 26 September

Join local Indigenous Fitness Trainer, Stephen Cardona, for an early morning work out. A combination of Yoga and exercise will leave you energised for the days events

Meet at the foyer of the Adina/Vibe Waterfront at 6.30am for a 45 minute session on .

These sessions are free to IAHA Conference delegates.

Fresh fruit

Whole fresh fruit will be available daily to our delegates



Do you share our passion for healthy rural communities?

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CareFlight

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Day 1 – Concurrent Sessions

Reflective Practice as a Program Evaluation Tool for Systems Improvement

Time: 11:05am - 11:30am Room: Waterfront 1 Tuesday 24 September 2019

Authors: Tina Brodie, Natasha J Howard, Odette Pearson, Luke Cantley, Peita Cooper and Dr Alex Brown

Aboriginal and Torres Strait Islander people experience significant health and social inequities, with the social determinants of health contributing 34% of the health gap between Aboriginal and Torres Strait Islander and non-Indigenous Australians. The social determinants of health are complex with interconnections between determinants, including housing, education and employment. The knowledges and practices of allied health professionals are well suited to achieve the inter-sectoral and inter-disciplinary collaborations needed to respond to complex challenges. This presentation will share the implementation and evaluation processes of a social determinants of health program from the perspective of an Aboriginal allied health professional.

Wardlippingga Aboriginal Health Equity (SAHMRI) has designed a program which seeks to identify the social and cultural needs of Aboriginal people as the starting point to empowering action on the social determinants of health. The Cultural Pathways Program is a response to community identified needs, designed and led by Aboriginal people and informed by holistic views of health. Program Facilitators implement strengths-based practice to enhance participant's capacity in self-efficacy and opportunities for individuals and families to achieve health equity. Supported by clinical supervision and shared decision-making, Facilitators identify areas of unmet social and cultural need, engage in a goal setting process and make connections with social and health service providers.

Reflective practice is widely recognised and utilised by allied health professions to support learning, development and improvement in practice and service provision. This presentation will share experiences of utilising reflective practice as an evaluation method to understand program implementation and systems improvement. Reflective practice is implemented by weekly sessions which are informed by a culturally appropriate clinical supervision model. Through reflective practice, allied health professionals can contribute to enhanced understandings and improved practices on complex challenges such as taking action on the social determinants of health.



Tina Brodie

Tina is a PhD candidate in Wardlippingga Aboriginal Health Equity (SAHMRI). Tina is an Aboriginal woman with connections to Yawarrawarrka/Yandruwandha and over ten years of experience in Aboriginal Health in multiple clinical, project and leadership roles working with Aboriginal children and families. Tina holds a Bachelor of Social Work, First Class Honours exploring how cultural factors and social work theoretical frameworks shape social work practices for Aboriginal and Torres Strait Islander people.

Tina is passionate about meaningful research that positively contributes to community's health and wellbeing. Within her social worker career, she has worked closely with diverse communities and understands the complexities facing communities. Tina has experience providing clinical and cultural supervision, professional development, complex clinical decision making and operationalising evidence-based research into practice. This experience has driven her to pursue a PhD and contribute to the best available evidence to support high quality services and improved outcomes. The Aboriginal Strategy Group (ASG) has been in operation within the Division of Health Sciences of the University of South Australia since September 2014. The group assists the Division to respond appropriately and strategically to the University's Reconciliation Action Plan and supports the University as an 'Aboriginal and Torres Strait Islander University of Choice'.

Aboriginal Interpreter Service

Time: 11:35am - 12:00pm Room: Waterfront 1 Tuesday 24 September 2019

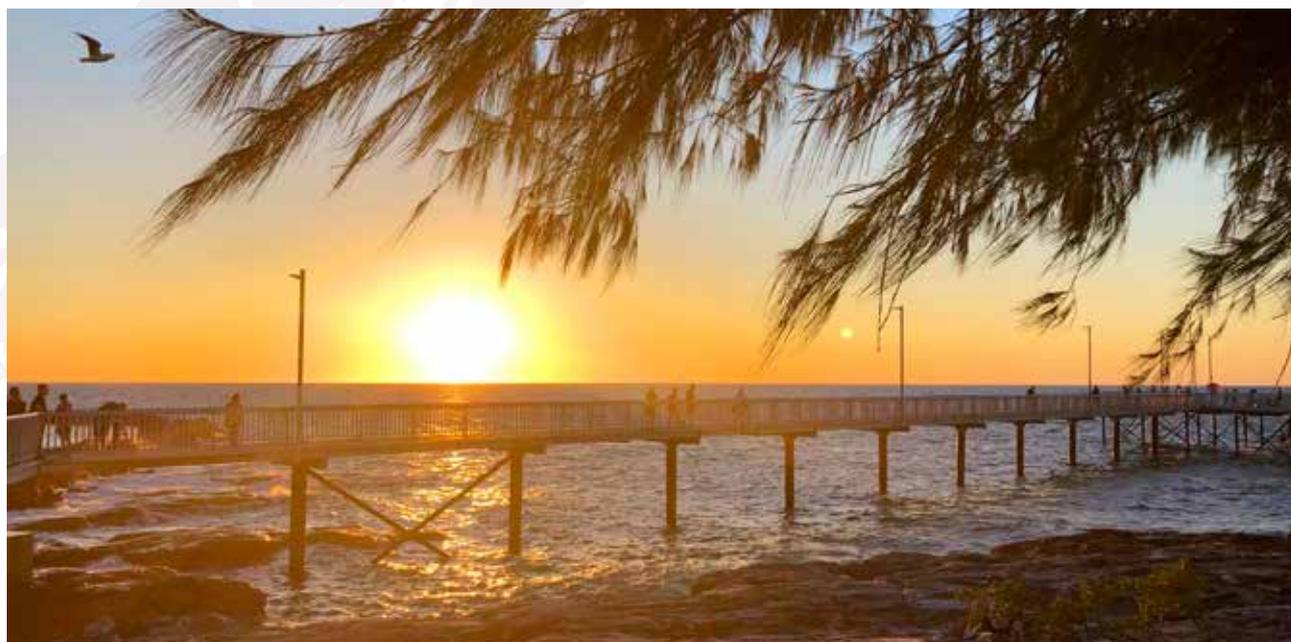
Author: Dr Curtis Roman

The Aboriginal Interpreter Service is the only government provider of Aboriginal interpreting services in Australia. The AIS employ over 60 fulltime staff and over 260 casual interpreters. The AIS have staff and offices all over the NT including Darwin, Katherine, Tennant Creek and Alice Springs. This presentation will provide an overview of the AIS and the services it provides and will also provide information about how to work with AIS interpreters.



Dr Curtis Roman

Dr Curtis Roman is a Larrakia man born and raised on Larrakia country. He is the first Indigenous man to be awarded a PhD from Charles Darwin University. He is currently the Senior Director at the Aboriginal Interpreter Service. He is also employed as an Adjunct Fellow at CDU where he continues to supervise PhD students.



This Is All About Our Kids - They Are Our Future - Building Culturally Responsive Connections For Healing Trauma

Time: 12:05am - 12:30pm Room: Waterfront 1 Tuesday 24 September 2019

Authors: Lana M Draper, Debbie Haynes and Stacey McMullen

Aboriginal children are overrepresented in the NSW Out Of Home Care (OOHC) system, and are linked to poorer lifetime outcomes. Crisis driven expenditure by the NSW government has shown little effect in improving long-term outcomes for all these children and their families. Moreover, barriers to accessing quality and timely trauma treatment is a contributing driver for these outcomes. In October 2017, LINKS Trauma Healing Service commenced a 3-year pilot project in response to an independent review of the OOHC system (Tune 2015).

Out of the vision for system reform, Family and Community Services has implemented its first multidisciplinary team within the OOHC space, incorporating a strong allied health focus with the inclusion of occupational therapists, speech pathologists, and psychologists. Services are targeted at ensuring Aboriginal families have access to effective, culturally appropriate services and targeted towards improving long term outcomes for vulnerable families. Currently, 18 months into the project, it has been highlighted that many of these children move between cross-government agencies 'undetected', left behind in the education system, and on exiting the OOHC system are often left in the cycle of intergenerational trauma and its effects.

Occupational Therapy and Speech Pathology services have focused on improving quality of life outcomes for young people through building culturally responsive connections with young people and external organisations. Through the provision of screening, assessment and interventions, case workers, carers and teachers are assisted in implementing child-focused outcomes. Psychology services have been focused around four key evidence-based practices targeting eight key client outcomes, with a primary focus on decreasing trauma symptoms, improving psychological well-being and improving behavioural and emotional functioning. This presentation will outline the structure of the service, the critical and practical considerations for development of a consumer-driven program and provide a case example.



Lana Draper

Lana is an Aboriginal Occupational Therapist with 20 years-experience across a range of private industries. She started her career working as an occupational therapist in occupational rehabilitation, with a special interest in heavy industry, transitioning to inpatient rehabilitation. Lana spent some time working in aged care before making the move across to paediatrics with a special interest in complex and developmental trauma. Her current position with the LINKS Trauma Healing Service aligns strongly with her values of an integrated family approach to therapy, connecting to culture for healing and working within a multidisciplinary team to improve outcomes for young people in out of home care.



Debbie Haynes

Debbie Haynes is an Aboriginal Provisional Psychologist (AHPRA) /Psychotherapist (PACFA/GANZ) who has worked across a number of different government and non-government roles, private practice, Primary health care, Disability, Autism Spectrum Australia and Family and Community Services. Debbie has worked in the area of child development, early intervention and healing intergenerational trauma for the past 11 years. Her current position within the LINKS Trauma Healing Service aligns with her passion for working with children and families through child focused, evidence-based interventions; building on the strengths of families, children and communities.

Deadly Kids, Deadly Kindies and Deadly Futures

Time: 11:05am - 11:30am Room: Waterfront 2 Tuesday 24 September 2019

Authors: Tara Lewis & Hannah Forbes

Often when kindergarten is mentioned, most allied health professionals begin to deliberate the skills required for school entry. These include letter identification and the sounds they make, identifying numbers, caring for oneself and social skills. This western ideology fails to recognise that kindergarten is where children begin to understand their identity, express their sense of belonging and develop solid connections and friendships with their peers, educators and wider community. For Aboriginal children, cultural identity, language, connection to country and community may easily be suppressed in western type kindergarten and educational facilities. Aboriginal children may feel isolated and different, as their ways of knowing, being and doing may be different to the majority population. In Deadly Kindergartens across the South East Region of Queensland, Aboriginal ways of knowing, being and doing are respected, valued and incorporated within all aspects of the kindergarten philosophy and curricula. These Deadly Kindies privilege the voices of Indigenous children, their families and the wider community and enable and support cultural identity, language and connection to country for Indigenous children. Here, they are supported and empowered to learn language and communicate their thoughts and feelings, and celebrate their culture and identity through stories, art, dance and song.

Aims and Content

The aim of this presentation is to demonstrate the deadly collaborative work that Deadly Kindies and IUH speech pathologists and occupational therapists engage in to ensure Aboriginal children grow up strong and healthy. This presentation will also demonstrate the ways in which Aboriginal educators guide the speech pathology and occupational services to ensure services are culturally responsive and support the children's cultural identity and connection to country.



Tara Lewis

Tara is an Iman woman from Queensland. She grew up in Brisbane where she completed her Bachelor of Speech Pathology. Tara is a senior speech pathologist at the Institute for Urban Indigenous Health where she supports other allied health practitioners in providing culturally responsive services both clinically and across Deadly Kindies. Tara has also developed a culturally responsive methodology for assessing First Nations children; assessment yarning and has developed a communication assessment called Gumerri that utilises cultural stories and follows and values Aboriginal ways of communicating. Tara is also the Chair of the Speech Pathology Australia Aboriginal and Torres Strait Islander Advisory Committee and a member of the Aboriginal and Torres Strait Islander reconciliation action plan committee. Tara is committed to privileging Indigenous voices through the use of Aboriginal languages within clinical and kindergarten settings.



Hannah Forbes

Hannah graduated with a Bachelor of Occupational Therapy with Honours from the Australian Catholic University in 2017. Hannah is currently working with the Institute for Urban Indigenous Health where she provides Occupational Therapy services to children and their families at the Browns Plains, Caboolture and Loganlea clinics and at the Kingston and Burragah Deadly Kindies. Hannah enjoys providing innovative and quality paediatric services and has a passion for working alongside health and early childhood educators to foster children's strength, identity and health. Hannah previously completed a project placement with the Institute for Urban Indigenous Health in 2016, exploring ways of working with Aboriginal and Torres Strait Islander health professionals, workers and communities to enhance and better meet employment needs of individuals living with a mental health condition. Hannah is also currently conducting research exploring occupational therapists' perceptions and utilisation of creative activities in child and youth mental health across Australia.

Working Together to Embed Cultural Approaches in Local Partnerships and Service Provision

Time: 11:35am - 12:00pm Room: Waterfront 2 Tuesday 24 September 2019

Authors: Patricia Councillor & Crystal Taylor

This presentation will highlight how adopting a collaborative approach to developing and implementing the Partnership Kit: Supporting Aboriginal and Torres Strait Islander partnerships, is embedding cultural ways of knowing, being, and doing into local service provision across Mission Australia - a national NFP organisation. Our commitment to working alongside Aboriginal and Torres Strait Islander peoples, organisations, and communities is supporting the development of culturally appropriate service approaches, forming through connection, adhering to cultural protocols and collaboration at local levels.

Presentation content:

We will share how co-designing with Indigenous staff has championed cultural perspectives throughout the kit; with implementation including storytelling, and peer-based awareness building. We will highlight benefits developed through locally informed initiatives. Founded organisationally upon our RAP and continuous learning journey, we are working together, developing culturally appropriate supports focused on improving outcomes for indigenous people. Our breadth of 461 services includes 27 AOD services, 52 mental health services, 27 disability services, 21 financial programs, and the Indigenous youth report; supporting 28,844 Aboriginal and/or Torres Strait Islander people last year.



Patricia Councillor

Patricia Councillor is a Yamaji Naaguja Nyarlu (woman) from Meekatharra WA. Patricia works as a Mental health Coordinator and Counsellor for Mission Australia based in Meekatharra, with outreach to surrounding towns and Aboriginal communities.

Graduating in 2013 with a Bachelor of Health Science (Mental Health), she has extensive experience working in the mental health sector. Additionally, Patricia is the ongoing carer of one of her children, who lives with a dual diagnosis intellectual and mental health diagnosis.

As a contributing member of Mission Australia's RAP and RAP Reference group, along with multiple committees and groups within her local region, and as a member and a director of IAHA, Patricia's ongoing contributions to both Mission Australia and her professional sector and community are respected and valued.



Crystal Taylor

Crystal Taylor works as the Strengthening Community Advisor for Mission Australia, based in Melbourne, Victoria. Her qualifications include a Bachelor of Social Science (Youth Work), Post Graduate Diploma of Theological studies, and is progressing towards a Post Graduate Diploma of Psychology. Crystal holds over 16 years' experience working in the sector, including within primary and secondary schools, community and youth development in local government, youth mental health, and now at Mission Australia. Crystal is a mum of 3 children, and an active volunteer in her local community in the outer-eastern suburbs of Melbourne.

Champions4Change- People in Community Making a Difference

Time: 12:05am - 12:30pm Room: Waterfront 2 Tuesday 24 September 2019

Authors: Kynan Bevan & Tyrone Brownley

Acute rheumatic fever (ARF) and rheumatic heart disease (RHD) are preventable conditions which have been eliminated from many developed countries. However, Australia has one of the highest rates of ARF in the world, primarily affecting Aboriginal and Torres Strait Islander peoples living in rural and remote areas. ARF is an autoimmune response to an untreated group A streptococcal infection, with recurrent episodes causing heart valve damage known as RHD.

Rheumatic Heart Disease Australia (RHDA) recognises that people with RHD are key stakeholders in helping health service providers gain a deeper understanding of the lived experience and what this means for service delivery. Those with the lived experience acting as champions can provide great comfort to people who are experiencing social and emotional hardships throughout their complex health journey.

There are many social and cultural factors contributing to the prevalence of RHD among Aboriginal and Torres Strait Islander populations, including delayed access to care, cross-cultural miscommunication, racism and discrimination. These factors present challenges in providing optimal health care for people most in need of early detection and prevention, secondary care, tertiary and ongoing management.

The RHDA peer led champions4change program embraces and supports cultural spirituality while empowering communities. It is led by a senior Cultural Advisor, designed by the champions, and based on traditional culture where complex social structures with clear roles and responsibilities kept communities functioning safely. These roles have been highlighted within the RHDA champion program. This presentation describes the progress made on a partnership with community to develop a RHDA champions4change program and toolkit. Topics explored include culture, the role and support of champions, resources they require and how to successfully co-design a champions program.



Kynan Bevan

Through his mother, Kynan is a proud descendant of the Waljen and Nyanganyatjarra tribes of the Wangkatha language group from the North-Eastern Goldfields region of Western Australia. Through his father, Kynan is also proud of his Welsh heritage. Kynan was first diagnosed with Rheumatic Heart Disease at the age of 7 years old as a result of an Echocardiogram. It was challenging at times for Kynan; when growing up to manage his RHD however, he is one of the lucky ones; as both of his parents are Nurses, and they were able to better assist him in self-management of his Bicillin injections. Today, Kynan is Kalgoorlie's Champion4Change and a good example to all RHD patients living with their condition.



Tyrone Brownley

Tyrone is also a proud descendant of the Waljen and Nyanganyatjarra tribes of the Wangkatha language group from the North-Eastern Goldfields region of Western Australia. Tyrone has further connections to the Ngaanyatjarra people of the Western Desert and the Wadjuk, Yued and Ballardong tribes of the Nyungar nation from Perth, plus the Central Wheatbelt region of the South-West WA. Tyrone completed his Bachelor of Nursing degree in Melbourne. Tyrone is currently the Mobile Clinic – Registered Nurse at Bega Garnbirringu Health Service and he has been for the past 16 months. As a Registered Nurse Tyrone coordinates the Rheumatic Heart Disease program at Bega Garnbirringu Health Services having a clientele base of roughly 40 plus Aboriginal clients diagnosed with RHD. Tyrone is also fluent in Wangkatha and Ngaanyatjarra languages and he is the only translator/interpreter in Bega Garnbirringu.

Nyarrn-Gakgo Mangkie: Supporting Aboriginal Young Women Into Health Careers

Time: 11:05am - 11:30am Room: Waterfront 3 Tuesday 24 September 2019

Authors: Samantha Paxton & Kylie Clarke

Nyarrn-gakgo mangkie in Woiwurrung means 'Hear Within'. "We come together in a safe environment to hear and understand other women's stories. We're supported by community and ancestors to listen to our own voice; to reflect. We move forward on our journey into a health career with new information, confidence, cultural knowledge and strength in our identity".

Nyarrn-gakgo mangkie is a strengths-based program centred around culture. Our program is supporting the next generation of passionate and proud Aboriginal young women into health careers. Formally the Girls Resilience Program, our program commenced in Bendigo in 2013 and has now expanded to three communities in Victoria.

Our program is led and designed by Aboriginal women for Aboriginal women. Program activities are tailored to each young woman based on their aspirations and needs. We support each young woman's unique journey through school, further education and into the workforce. We connect with families, Aunties, Elders, local community members. We collaborate with local organisations, services and education providers.

Women's Talk Health Days (WTHD) are an important component of Nyarrn-gakgo mangkie. WTHDs brings together Aboriginal young women in years 10-12 from local schools to learn more about the breadth of health careers and work environments. Weenthunga invites inspirational Aboriginal women working in health to share their stories. During WTHD, young women travel to ACCOs, Universities and mainstream health services.

An independent evaluation found that young women in our program have a stronger sense of their Aboriginal identity, a positive change in attitude, a greater understanding of the unique contributions they can make to the health sector and more. Weenthunga Girls Resilience Program Weenthunga Health Network Evaluation Report November 2015 available at http://www.weenthunga.com.au/_uploads/fckpg/files/160303%20WGRP%20Evaluation%20Report.pdf



Sam Paxton

Sam Paxton is a proud Waywurru young woman, who was raised on Boonwurrung Country and now lives on Wurundjeri Country. Sam is the Co-Leader of Weenthunga and leads their Nyarrn-gakgo mangkie Melbourne program. Passionate about culture, social and emotional wellbeing, employment and workplace rights, Sam completed a Bachelor of Arts (Psychology) and Bachelor of Business (Management) at Monash University. During and following on from her studies, Sam continues to dedicate her career to supporting community and in particular, young people.



Kylie Clarke

I'm Kylie Clarke, a proud Gunditjmara, Wotjobaluk and Ngarrindjeri woman through my father's bloodline. I was born and raised on Wadawurrung Country in Geelong and am Geelong's Program Leader for Weenthunga Health Network's Nyarrn-gakgo mangkie Program. I'm truly blessed to 'feel' a part of an organisation that's led by women of integrity, who value cultural strength, perspectives and practices. I feel it is my responsibility as an educator and as an advocate for better health outcomes to ensure that there is more representation of our People in the Health Industry. To nurture the confidence and aspirations of our young First Australian women who are curious about health careers and to do all I can to facilitate connections, experiences and opportunities...because education is power, and health is imperative. The two combined are life changing, for both the individual and for our mob.

Tucka-Time: Knowledge and Skills for a Healthy Life

Time: 11:35am - 12:00pm Room: Waterfront 3 Tuesday 24 September 2019

Authors: Melena McKeown, & Mary-Anne L Quilter

Designed by the Centre for Rural & Regional Indigenous Health (CRRIH), Tucka-Time aims to improve the knowledge and practical skills of Aboriginal and Torres Strait Islander students in relation to healthy eating, cooking, shopping, emotional health and wellbeing. A secondary objective is to link families to local Aboriginal Medical Services by building stronger relationships between families, school communities and health care providers.

Tucka-Time is delivered in schools by trained Aboriginal and Torres Strait Islander health workers who act as Local Facilitators, qualified health professionals (dietitians and psychologists), and supported by teaching staff. Students participate in a number of practical and interactive learning experiences over the course of the program, including cooking classes and attendance at a supermarket tour. In addition, information sessions focusing upon nutrition and social and emotional wellbeing are delivered by a qualified dietitian and psychologist respectively.

Run over a 10-week school term (2 hours per week), sessions are flexible and can be facilitated within class time, as part of the school curriculum, or as part of an after-school program in either primary or secondary schools. Opportunities exist for families and local Aboriginal and Torres Strait Islander health services to be involved while participation in the program can be linked to class goals, behaviour and/or assessment.



Melena McKeown

Melena is an Australian South Sea Islander woman who has been involved in Aboriginal and Torres Strait Islander health for over ten years. She is currently the Manager, Tucka-Time and Outreach Services at the Centre for Rural & Regional Indigenous Health (CRRIH), previously Central Queensland Regional Aboriginal & Islander Community Controlled Health Organisation (CQRAICCHO). Her previous roles at CQRAICCHO have included Acting Chief Executive Officer, Manager, Health Access and Planning and Regional Coordinator. She has also worked for Arrow Energy as a Community Officer. Melena developed Tucka-Time and currently delivers this program to groups of all ages in the Central Queensland region.



Mary-Anne Quilter

Mary-Anne is a Business Coordinator at CheckUP, responsible for the rollout of the Tucka-Time program in six Queensland schools. She holds a Bachelor of Arts (Social Sciences) and post-graduate qualifications in Project Management. Prior to CheckUP, Mary-Anne was responsible for the project management of a national mental health initiative for the Mental Illness Fellowship of Australia (MIFA). She has also worked in the community sector in Central Queensland and for local government in regional New South Wales.

Learning To Connect And Connecting To Learn. A Pilot Student-Led Service For Older People In East Arnhem

Time: 12:05am - 12:30pm Room: Waterfront 3 Tuesday 24 September 2019

Authors: Murphy Dhayirra Yunupingu, Emily Armstrong, Susan Witt, Narelle Campbell, Louise Brown, Kylie Stothers, Katrina Bird and Ruth Barker

This project in East Arnhem Land explored the outcomes of a student-led interprofessional allied health service for older people who live with chronic diseases. Over an 8-week pilot, occupational therapy and speech pathology services were provided through a service model co-designed with local stakeholders and implemented with guidance from Yolŋu cultural consultants and families, allied health supervisors, local aged care and health providers, and research partners. The team will share the development, growth and continuity of connections made through this project - connections which were central to the outcomes achieved.

The Triple Aim framework was used to determine outcomes in terms of a) older persons, family and community satisfaction b) health outcomes and c) cost. A secondary aim was to collect preliminary data on the feasibility of the service model and potential for a multi-site project across northern Australia. A key finding that emerged from both the service delivery process and the research data was the value of multi-layered, dynamic and evolving connections made between community members, local organisations and the collaborative team.

The team will share research data in the form of videos and older people's stories. These stories grew through challenges and enablers of both-ways learning experiences within the service delivery model and alongside it. A Yolŋu cultural consultant will share what he has learned about working alongside Western university systems and processes. Service recipients have shared their perspectives on the benefits of having students "sit down at my house", "share stories" and learn through "a wider view". Students and supervisors (on-site and off-site) have developed new understandings through rich learning experiences built on relationships with Yolŋu community members. These connections and relationships were central to engagement of older people with the service, to student learning and to coordination between service providers and local stakeholders.



Murphy Dhayirra Yunupingu

Murphy Dhayirra Yunupingu is a Yolŋu leader in the Gunyangara community of East Arnhem Land. Dhayirra sees his role as a leader as being committed to the success and wellbeing of his community. Dhayirra's identity is rooted to his land and the value of his beliefs. Dhayirra has had a long involvement in education. Dhayirra contributed to creation of the Dhupuma Foundational Education Centre which offers learning programs using traditional knowledge to bridge the gap to mainstream education. Dhayirra's goal is to leave a legacy that will empower the new generations to make the right decisions for themselves and their community.



Susan Witt

Susan is an occupational therapist who has worked across Australia and overseas for over 18 years. She has a particular passion for rural and remote health and currently works both clinically and with Flinders University as an academic. She is passionate about student supervision and providing quality clinical placements to help shape the future workforce and promote rural practice.

Working Collaboratively Across Sectors With External Stakeholders

Time: 11:05am - 11:30am Room: Hall 1

Tuesday 24 September 2019

Author: Michelle Elwell

The Australian Indigenous HealthInfoNet (HealthInfoNet) aims to contribute to 'closing the gap' in health between Aboriginal and Torres Strait Islanders and other Australians by making knowledge of Aboriginal and Torres Strait Islander health readily available to the workforce. Two concepts underpin the work of the HealthInfoNet, the first is evidence-based or evidence-informed decision-making, whereby practitioners and policymakers have access to the best available research and other information. The second is knowledge exchange research, which involves making research and other information available in a form that has immediate, practical utility. Implementation of these two concepts involves synthesis, exchange and ethical application of knowledge through ongoing interaction with key stakeholders.

Over the past 21 years the HealthInfoNet has collaborated on a number of projects with external organisations to ensure the health workforce are well informed and are up to date with the most current information and resources to carry out their tasks. This presentation will give an overview of the work of the HealthInfoNet and outline collaborative projects undertaken with external stakeholders and will showcase the outcomes of the projects completed and give an overview of the work taking place.

Projects include:

- Production of a series of films about Aboriginal and Torres Strait Islander allied health professionals in partnership with Indigenous Allied Health Australia
- Establishment of an Eye Health section with the Fred Hollows Foundation and the development of Eye health resources
- Establishment of a Healing Portal with The Healing Foundation
- Establishment of a Palliative Care and End-of-Life Care Portal with Palliative Care Australia
- Developing a Podcast with National Aboriginal Community Controlled Health Organisation (NACCHO) staff involved in the Integrating Pharmacists within ACCHOs to Improve Chronic Disease Management Project.
- Through the collaboration on projects such as these highlighted, the HealthInfoNet demonstrates the building of culturally responsive connections, partnerships and relationships.



Michelle Elwell

Michelle Elwell is an Arrernte Aboriginal woman from Alice Springs in the Northern Territory. Michelle has worked in Aboriginal and Torres Strait Islander health for the past 20 years in a range of areas, health promotion, public health nutrition and diabetes education. Michelle has a Master of Public Health and has a Certificate in Diabetes Education. Michelle has worked at the Australian Indigenous HealthInfoNet for the past 6 years.

Cultural Responsiveness: Measuring and Evaluating Social Work Practice

Time: 11:35am - 12:00pm Room: Hall 1

Tuesday 24 September 2019

Authors: Sue Green, Gawaian Bodkin Andrews, Bindi Bennett, Nathan West, Donna Murray, Kylie Stothers, Paul Gibson & Claire Morse

Undertaking field practicum learning constitutes a substantial component of the curricula of occupational therapy, speech pathology and social work courses. Demonstrating culturally responsive professional practices that are informed by Aboriginal and Torres Strait Islander ways of knowing, being and doing is becoming a critical aspect of the learning requirements of these placements. However, due to a range of factors, field practicum supervisors may lack the capacity to support this area of learning. Three new video teaching resources which form the foundation of workshops designed to prepare Allied Health field practicum supervisors to support the development of culturally responsive practice in their students will be presented. Each video has been collaboratively developed with an Aboriginal and Torres Strait Islander film maker and informed by the lived experiences of Aboriginal and Torres Strait Islander and non-Indigenous Allied Health students and graduates.

The video resources aim to build the capacity of field practicum supervisors to engage in culturally responsive practices such as culturally appropriate communication skills, the integration of Aboriginal and Torres Strait Islander knowledges in practice interventions, personal and professional values, and the use of self in practice. In particular, two of the video's present some of the challenges experienced by Aboriginal and Torres Strait Islander students as they engage with complex cultural and discipline specific learning challenges during their practicum. The 3rd video presents the reflections of three non-Indigenous Allied Health professionals on their work with Aboriginal and Torres Strait Islander communities.

To date, no specific learning and teaching resources have been developed in Australia to address this aspect of field practicum learning. An evaluation of the efficacy of these resources in developing the capacity of field practicum supervisors to support their Aboriginal and Torres Strait Islander and non-Indigenous allied health students in developing culturally responsive practices will be presented.



Prof Sue Green

Sue Green is a Galari woman of the Wiradyuri nation, a mother and a grandmother. She holds a Bachelor of Social Work (honours) and a PhD in Social Sciences. She is now the Professor of Indigenous Studies and coordinator of the Wiradjuri Language, Culture and Heritage Program at Charles Sturt University.

Collaborating To Grow A Workforce In Urban Aboriginal And Torres Strait Islander Health: Outcomes From The Last 10 Years

Time: 12:05am - 12:30pm Room: Hall 1

Tuesday 24 September 2019

Authors: Dr Alison Nelson & Maddison Adams

Developing a culturally responsive workforce requires authentic and meaningful collaborations across multiple sectors, including schools, universities and community-controlled health service settings. The Institute for Urban Indigenous Health (IUIH) has adopted a unique model of Indigenous workforce development which includes school-based traineeships, VET and University student placements and on-the-job mentoring support. This presentation aims to describe the IUIH approach to collaborations in one of Australia's largest and fastest growing Indigenous regions and will report a snapshot of outcomes over the past 10 years.

Results from the IUIH student database indicate an increase from 30 students/year across three disciplines to over 400 students/year across 20 disciplines. In addition, student clinical hours have increased by 440% over the past 10 years. Student placement experiences are evaluated using a pre and post placement survey which will be reported in detail but indicate areas of strength and potential for growth and improvement. In addition, the IUIH has supported over 20 school-based trainees, 40 post-school trainees and graduated over 100 students with VET qualifications. Today, 20% of IUIH's workforce has come from its workforce development initiatives. Staff are encouraged to mentor and support the next generation of Aboriginal and Torres Strait Islander allied health professionals through ongoing mentoring and clinical supervision.

Importantly, this model has enabled the IUIH as a community-controlled health organisation to determine the type, frequency and nature of students supported. Student involvement has led to the growth of an allied health workforce from one to over 70 staff across 9 disciplines.

Learning Objectives: This presentation will outline the ingredients for success that can be replicated in other settings including governance, leadership, structure and evaluation.



Maddison Adams

Maddison Adams is a proud Wulli Wulli woman from Brisbane. She completed her Bachelor of Health Science (Podiatry) at Queensland University of Technology in 2015. Maddison started working at the Institute for Urban Indigenous Health (IUIH) after completing some of her clinical placement at IUIH in her final year. Maddison thoroughly enjoys working with community and within a multidisciplinary team. Maddison is committed to working collaboratively with community and other health care professionals to provide holistic and culturally responsive care and recently enrolled in a Graduate Diploma of Rural Generalist Practice at James Cook University.



Dr Alison Nelson

Dr Alison Nelson (B. Occ Thy, M. Occ Thy (research), PhD) is an occupational therapist with extensive research, teaching and practice experience working alongside urban Aboriginal and Torres Strait Islander people. Alison is currently the Director for Organisational Development at the Institute for Urban Indigenous Health where she brings together her experience working in both clinical and academic settings.

Workshop

Using the performing arts to have uncomfortable yarns: Applying clinical yarning to palliative care

Time: 1:35pm - 3:00pm **Room:** Waterfront 1

Tuesday 24 September 2019

Authors: Jonathan Jauncey & Nicole Hewlett

Aim: Using story-telling, theatre and drama techniques, this workshop aims to empower Aboriginal and Torres Strait Islander health professionals to have difficult yet important palliative care conversations to ensure Aboriginal and Torres Strait Islander peoples are accessing the support, resources and knowledge that can improve, and sometimes extend their life, with sovereignty, dignity and respect.

Objectives: Increased understanding of why difficult conversations happens
Increased confidence and capacity to have difficult conversations
Increased understanding of what palliative care is and more importantly, how and why it is an invaluable part of ensuring Aboriginal and Torres Strait Islander peoples with a life-limiting illness have self-determination

Overview of Content: Why am I uncomfortable with certain yarns?

What are 'clinical yarns'?

How do I overcome my communication barriers?

Performance: Actors present scenarios and participants are invited to contribute solutions to the scenes and shape the story line.

Further learning: What is a PEPA Placement?



Jonathan Jauncey

Jonathan is a Yawuru man from Broome in the Kimberley's, he has over 15 years' experience working in remote communities across Australia in areas such as health promotion, preventable chronic disease, Indigenous employment, community development and Palliative Care. Jonathan is currently the Northern Territory PEPA manager, he has been with Territory Palliative Care for the past 4 years and brings a wealth of knowledge about traditional Lore to his role.



Nicole Hewlett

Nicole is an Aboriginal woman with a Bachelor of Psychological Sciences (Hons) and a master's degree in Public Health. Nicole has broad experience with Aboriginal and Torres Strait Islander communities across Australia and has worked to support the implementation of effective Close the Gap policy, national public health initiatives and more importantly, address the systemic issues around racism. Nicole is passionate about supporting and advocating on behalf of the Aboriginal and Torres Strait Islander workforce, knowing that these are the most invaluable roles in the community. Currently, Nicole works with the PEPA team across Australia to ensure that Aboriginal and Torres Strait Islander communities receive equitable access to knowledge, resources and care that are of genuine benefit and delivered in a way that empowers, dignifies and respects our rich and diverse First Nations people.

Yarning Circle - Dadirri

Time: 1:35pm - 3:00pm Room: Hall 1

Tuesday 24 September 2019

Author: Miriam Rose Foundation

This yarning circle is to introduce participants to the concept of Dadirri. Workshop is open to all registered Conference participants (male and female).

- Dadirri is for all of us - Dadirri recognises the deep spring that is inside us. We call on it and it calls to us. This is the gift that Australia is thirsting for. It is something like what you call "contemplation" (Miriam Rose Ungunmerr Baumann)

Learning Objectives:

- Dr Miriam Rose Ungunmerr will introduce participants to Dadirri: Inner Deep Listening and Quiet Still Awareness. Acknowledgement of Dadirri being a word from the Ngan'gikurunggurr language – however existent as a state of being in most Indigenous languages in Australia.
- Unpack the practise of Dadirri and connection to cultural ways of living as being a supportive way to work and promote healing from a traditional perspective.
- Experiential learning through reflective practise of sitting in Yarning Circle, establishing shared values, exploring cultural knowledges, sharing in a culturally safe space and exploring how this practise can be implemented in to other work environments to support the practitioner and the clients



Dr Miriam-Rose Ungunmerr (AO)

Dr Miriam-Rose Ungunmerr (AO) is an Aboriginal Elder from Nauiyu (Daly River), where she served for many years as the principal of the local Catholic primary school. She is a renowned artist, activist, writer and public speaker. In 1975, Miriam became the Territory's first fully qualified Aboriginal teacher, holding the position of Art Consultant with the Professional Services Branch of the Northern Territory Department of Education. During this time she visited schools throughout the Territory thus gaining the opportunity to advance her commitment to the inclusion of visual art as a part of every child's education.

Miriam's many contributions have greatly benefited both local Aboriginal and broader mainstream society in ways that are seeing true reconciliation worked out at the ground level. Miriam was awarded NT Mother of the Year in 2017 and more recently nominated for NT Australian of the Year.

(full bio available on page 17)



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Developing Our Workforce To Connect With Community: Key Findings From The Career Pathways Project

Time: 1:35pm - 2:00pm Room: Waterfront 2

Tuesday 24 September 2019

Authors: Erin Lew Fatt & Phil Naden

A strong Aboriginal and Torres Strait Islander allied health workforce is integral to a health system to meet health and wellbeing needs with communities. There has been an important focus in research and policy on increasing the number of Aboriginal and Torres Strait Islander people entering the health sector with growth being low in a number of important allied health professions. This presentation is focussed on an important priority area for action - how to retain and develop allied health professionals once they are employed.

Methods:

Aboriginal research led, this large mixed-methods research project examining health careers and career pathways nationally and locally was funded by the Lowitja Institute. Quantitative components included secondary data analysis and a national online survey. Qualitative components included national career trajectory interviews and workplace-based case studies in two jurisdictions. The experiences and views of employees and employers from staff at all levels and across the many professions, including allied health, were gathered from the community-controlled organisations and government services in urban, rural and remote locations.

Findings and action needed:

The findings underline the unique skills and strengths of the Aboriginal and Torres Strait Islander health workforce, including 'cultural knowledge to inform health care' and 'community connections and relationships'. Increasing the role of Aboriginal and Torres Strait Islander staff in mentoring and leading career development, funding for workplace-based training and further education and providing a 'culturally-safe work environment' were key areas for action to develop a stronger Aboriginal and Torres Strait Islander allied health workforce to better connect health services with the community.



Erin Lew Fatt

Erin is an Aboriginal woman from Darwin and has been working in the Aboriginal health sector for over 19 years. Erin is the Program Manager at AMSANT, managing workforce policy, chronic disease workforce support, leadership and Digital Health for AMSANT and its members. Before taking on the Program Manager role, Erin worked in the Workforce Policy officer position at AMSANT working nationally and regionally on workforce policy and projects and supporting AMSANT members on relevant workforce issues. Erin holds tertiary qualifications in Business & Project Management and is currently studying a Bachelor of Health Science through Charles Darwin University.



Phil Naden

Phil Naden is the current CEO of The Bila Muuji Aboriginal Corporation Health Service INC situated in Dubbo NSW. Phil has previously held the position of CEO with the Bourke Aboriginal Health Service and was the CEO of the largest Aboriginal and Torres Strait Islander Legal Service in Australia - ALS NSW/ACT. Phil is a current sitting member of the circle sentencing Court in Dubbo and recently appointed to the Aboriginal Health Advisory Council with the Western NSW Primary Health Network. Phil has just completed his MBA, master's in business administration, and holds qualifications in Management and Justice, a former Queensland Police officer, qualified panel beater by trade and is currently a Principal Research Fellow with the University of Western Sydney.

Aboriginal Quality Improvement: “Compliment, Don’t Complicate”

Time: 2:20pm - 2:30pm Room: Waterfront 2

Tuesday 24 September 2019

Author: Kerri Colegate

This presentation will examine Connection in relation to the work of the Aboriginal Quality Improvement committee (AQIC), an initiative developed by the Aboriginal Health Coordinator at St John of God Midland Public and Private Hospital (SJGMPPH), Perth WA. The AQIC primarily acts as an advisory and support body on issues relating to the quality of Aboriginal health care, cultural security, workforce and reconciliation activities at (SJGMPPH) considering patients, families, carers, community agencies and caregivers. The AQIC ensures that all suggestions and decisions reflect best evidence-based practice and the Vision, Mission and Values of the Hospital. The presentation will explore the underpinnings of service delivery that support the objectives of the AQIC. As the Coordinator I will talk to the strengths of this approach, anecdotal evidence as to why I think it leads to best practice, and what I expect to see as outcomes upon evaluation. This is an important component of our service planning and renewal of the Reconciliation Action Plan (RAP) for SJGMPPH as we create an overarching plan facilitating further development of appropriate services to better address the health needs of our local Aboriginal people. It will also allow the Aboriginal health service and its sponsors to contribute towards satisfying the various audited and contractual requirements. I would like to pay my respects to the work of the Lowitja Institute and its innovative framing of historical, current and emerging issues, as the SJGMPPH Aboriginal health service has been guided by their framework and will certainly share our learnings about the successes and challenges. Finally, by building a strong framework guided by the AQIC has provided SJGMPPH a stronger Connection between the SJGMPPH Aboriginal health service and the local Aboriginal community. I will present on the positive impact of these developments.



Kerri Colegate

I am a Noongar woman with a commitment to Aboriginal affairs and a strong social justice background. I have extensive experience working in Aboriginal settings in a variety of roles such as research, health promotion, project management and Aboriginal programs. I draw my experience from a number of roles in health services across the metro area, where I was required to manage small to medium projects, around CTG measures.

I am very passionate about building the capacity of health services to ensure services and programs are being delivered in a culturally secure and appropriate way, by providing cultural competency and education to non-Aboriginal colleagues on the importance of accommodating the cultural rights, views, values and expectations when providing services to Aboriginal people. Capacity building to support and strengthen health care services in one way, I think is vital if we are to achieve better health outcomes for Aboriginal people.

Building Leadership Capacity As A Rural Optometrist

Time: 2:35pm - 2:45pm **Room:** Waterfront 2

Tuesday 24 September 2019

Author: *Lauren Hutchinson*

Aim:

To show, through my own journey, how IAHA's key strategic areas of support, grow, transform and lead can be put into action.

Content:

Using my own experiences as an example, this presentation will discuss my journey as a student, IAHA student representative council member and as a new graduate. I will discuss how my leadership capabilities have grown and transformed throughout this journey and how I have been supported throughout. I will also discuss how and what I have learnt has helped me in my career as a rural optometrist and how I am putting these skills into practice now, as a committee member of Early Career Optometrist NSW/ACT.

I aim to demonstrate the advantages and challenges faced as a new grad working in rural Australia and how IAHA has helped shaped my resilience and supported building my capacity in this area. I will also discuss my work as a visiting optometrist in communities surrounding my own.

Learning Outcomes:

This presentation will mostly address the 'connection' part of the conference theme.

Demonstrate strategic plans in action.

This presentation will greatly be aimed at new grads and students. I will discuss the challenges that may be faced and strategies to overcoming these. How building connections and networks have huge advantages when it comes to not only career opportunities but also building a support network.



Lauren Hutchinson

Lauren is a proud Murrawarri woman who grew up in Molong NSW. Lauren graduated from QUT in 2017 with a Bachelor of Vision Science/Master of Optometry. Lauren currently lives and works on Wiradjuri country in Forbes NSW. Since graduating Lauren has worked in independent practice and works alongside a number of community organisations to help deliver optometry services across the Central West. Lauren is a current member of the Early Careers Optometrist NSW/ACT committee as well as a past student representative of IAHA.

Growing Together: Allied Health Interprofessional Immersion Placements In Remote Nsw - Opportunities And Challenges

Time: 2:50pm - 3:00pm Room: Waterfront 2

Tuesday 24 September 2019

Authors: Jacqui Yoxall, Melissa Kemp, Annie Downes, Tara Walker, Helen O'Callaghan, Mindy Gibbs, Sally Sargeant and Annie Downes

Internationally, and in Australia, interprofessional education (IPE) is being championed as an innovative approach for addressing communities' complex needs and tackling various contemporary healthcare challenges, including those in RRCs. Building Allied Health student capacity in interprofessional practice and cultural responsiveness has been a key strategic initiative for the School of Health and Human Sciences (SHHS), at Southern Cross University. In this paper we describe the placement model that SHHS, has implemented with the University Department of Rural Health (UDRH), Broken Hill - Far Western Region and local communities of Bourke, Goodooga and Lightning Ridge. The model varies from traditional student placement with innovative student-led interprofessional immersion experiences, including support strategies such as interprofessional tele-supervision sessions. We present a case study of the health projects that students implemented at the Goodooga Central School over a 7-week block in 2018.



Melissa Kemp

Melissa Kemp is a practising speech pathologist, lecturer and researcher at Southern Cross University. Melissa's current role is the professional experience lead for speech pathology at Southern Cross University. Her interests include feedback in clinical education, interprofessional practice, and reflective practice as well as building learner and educator capability in clinical practice contexts. With a strong background in clinical and community services, in both rural and metropolitan areas, Melissa has a broad range of experience spanning organisational development, clinical education, health service management, and quality management. Melissa has extensive experience in leadership roles across the health care, government, not for profit and education sectors with strengths in system design, change management and clinical governance, aimed at building capability to achieve excellence in business outcomes.



Melinda Gibbs

My name is Melinda Gibbs better known as Mindy. I am a proud Gamilaraay / Yuwaalaraay woman, born in Walgett NSW however met my husband and moved to Goodooga many years ago. After having three of my children, I decided to go to Uni and enrolled in a new program called The AREP, Aboriginal Rural Education Program which offered places to remote Aboriginal students. I completed this in 1988 and have been working at Goodooga Central since. I have 6 wonderful children. I have lived and worked in Goodooga firstly at the Pre-School for 16 years and currently have been at Goodooga Central School for 22 years. I have seen many teachers' students and community come and go. I have seen many programs implemented in our school. I have a deep passion for imbedding Indigenous culture in all classroom programs and sharing my knowledge and commitment to culture and community with students from other areas who attend our school to garner Aboriginal awareness in health and education.

Connecting With Colleagues: Pharmacists Working Together For Improved Medicines Management

Time: 1:35pm - 2:00pm Room: Waterfront 3

Tuesday 24 September 2019

Authors: Chastina Heck & Mike Stephens

In 2017, the National Aboriginal Community Controlled Health Organisation (NACCHO) convened the ACCHO Pharmacist Leadership Group with the Pharmaceutical Society of Australia consisting of pharmacists working with ACCHOs across Australia from every State and Territory. The group provides expertise on a wide range of topics affecting Aboriginal and Torres Strait Islander medicines issues. Another function of the group is to provide peer support, advocacy and input into key medicines-related policy items for NACCHO and PSA. The group's key achievements to date include a coordinated response to items to be included under the PBS for Aboriginal and Torres Strait Islanders to improve access to required medicines. The group has also shared available resources and strategies for cultural awareness and cultural safety training at both a local and broader level – a professional practice standard which may be difficult for pharmacists to access. Through its diverse membership base, the leadership group also has encouraged greater interaction between ACCHOs where there is a pharmacist and their local hospital. The relationships are especially important to handover complex patients, as well as manage patients where they may otherwise be disadvantaged due to not having access to Close The Gap prescriptions from hospital. The group is chaired by Aboriginal woman, Chastina Heck who is working as a hospital pharmacist at Logan Hospital. The Logan Hospital pharmacy department now has a greater awareness and connection with the Institute for Urban Indigenous Health and the pharmacists Lucky and Jacqui, sharing opportunities for coordinated care and follow up as well as education opportunities for pharmacy staff from both organisations.



Chastina Heck

Chastina Heck is a proud Nywaigi, Bidjarra, Mamu woman working as a clinical pharmacist at Logan Hospital in Queensland. She currently chairs the ACCHO Pharmacist Leadership Group; a joint initiative of NACCHO and the Pharmaceutical Society of Australia (PSA) and is a conjoint lecturer for Undergraduate Students at the University of Queensland.

She is passionate about supporting the education of all pharmacists on their cultural competency journey to facilitate the ultimate Quality Use of Medicines for Indigenous Australians.

Collaboration In Aboriginal Health Education In Victorian Universities

Time: 2:05pm - 2:15pm Room: Waterfront 3

Tuesday 24 September 2019

Authors: Kerrie Thomsen & Lin Oke

The Weenthunga Health Network is establishing an online Victorian network (VAHENonline) to improve the teaching of Aboriginal health in Victorian universities. The central aim of VAHENonline is to encourage collaboration and sharing of resources, approaches and ideas across health disciplines and across Victorian universities, supporting universities to implement the Aboriginal and Torres Strait Islander Health Curriculum Framework.

Over 200,000 students study health courses in Victorian universities. Given the relatively small number of First Australian health academics, whose cultural load is real and whose role in providing or guiding Aboriginal health education is essential, achieving systemic change in the sector requires collaboration and sharing across health courses and universities. These practices of reciprocity and sharing are deeply valued in First Nations approaches but are rarely occurring at present, arguably due to protective and competitive dynamics in the higher education sector.

Weenthunga has developed the VAHENonline framework, with guidance from a small advisory group of presenters and participants at the Victorian Aboriginal Health Education Summit held in 2017. There are currently nine discussion topics deemed as pertinent to Aboriginal health education: Aboriginal Pedagogy; Aboriginal Students in Health; Clinical Education; Competency Standards; Course Accreditation; General Relevant Information; Governance VAHENonline; Health Courses – Indigenous curricula; Mentorship.

For VAHENonline to be a useful online forum, relevant resources need to be regularly added along with facilitation of online discussions to collaborate and share ideas pertinent to Aboriginal health education. Weenthunga has been seeking modest funding for this prior to wider promotion of VAHENonline. Useful experiential data from VAHENonline will be made available to inform LIME's research project which could result in the establishment of a national Indigenous health network for the health sciences.



Kerrie Thomsen

Kerrie Thomsen is a descendant of Alice Thomsen and she belongs to the Butchulla Peoples from the Wide Bay region in South East QLD. Kerrie's career in Occupational Therapy spans 30 years with a strong focus on advocacy within her profession. She holds senior consulting roles for NDIS and Aged Care and an Academic Lecturing role with the Australian Catholic University in Melbourne. Kerrie wants to improve the health of First Peoples through her work teaching Students and new Graduates in preparing for their professional roles.



Lin Oke

Lin Oke is a fourth generation Irish-English Australian OT and neurophysiologist with a lifelong commitment to working with First Australian colleagues. Lin has worked in OT, tertiary teaching, health services and association management roles. Lin was instrumental in establishing the Koori Occupational Therapy Scheme and the Weenthunga Health Network in Victoria and Allied Health Professions Australia and Indigenous Allied Health Australia nationally. Lin is the Executive Adviser in Weenthunga.

Working Together From The Ground Up: Co-Designing Occupational Therapy Curricula

Time: 2:20pm - 2:30pm Room: Waterfront 3

Tuesday 24 September 2019

Authors: Janaya Charles, Loretta Sheppard, Vivian Petre and Susan Darzins

The need to embed Indigenous perspectives in undergraduate health curricula is well recognised as essential if future health services are to be ready and able to provide safe, quality care. However, accessing and embedding materials based on the lived experiences of Indigenous Australians and applicable to discipline specific teaching for students at different stages of their program provides us with challenges. Developing material that is relevant, respectful and touches deeply the cultural and social lived experiences of Indigenous Australians requires an open and continuing dialogue between universities and Aboriginal Health Services. Tailoring the teaching approach and nuanced interpretation of the material requires university staff to step back from western ideologies and await the way forward.

Case scenarios developed collaboratively between Victorian Aboriginal Health Service community program staff and Australian Catholic University occupational therapy staff have provided an opportunity to explore and develop greater understanding of the process of co-designing curricula materials. Whilst the story behind the case scenarios provides the bedrock, the time spent delving into the knowledge and attitudes non-Indigenous tutors need in order to co-facilitate the tutorial activities with Indigenous colleagues and mentors, has been identified as an essential step in the process.

Aim and learning objectives: This presentation will focus on the theoretical and practical considerations of the process of co-design as seen through the eyes of the co-design team. We present a roadmap for co-designing occupational therapy case scenarios in Aboriginal community health based on the experience of those working on the ground in each setting, ie, those delivering the community health service and those responsible for delivering the curriculum content and evaluating student outcomes.



Loretta Sheppard

Loretta Sheppard is an occupational therapist working at Australian Catholic University in Melbourne. She has been working closely with Indigenous colleagues and mentors to gradually embed more Indigenous content in the Bachelor of Occupational Therapy curriculum since the program began in 2012.



Janaya Charles

Janaya Charles is a proud Mutthi Mutthi and Yorta Yorta descendant with 18 years' experience working with Elders in Aboriginal and Torres Strait Islander Health. Janaya is a senior Aboriginal Health Worker and the Team Leader for her unit. She has been working with universities in Victoria co-designing health curricula for the past 8 years and more recently with ACU on the occupational therapy curricula over the last 3 years.

Walking The OT Pathway – Not For The Fainthearted

Time: 2:35pm - 2:45pm Room: Waterfront 3

Tuesday 24 September 2019

Authors: Robyn Williams & Kirsty Nichols

The authors tell the story of a bull and a rooster, well an Aboriginal student and a non-Indigenous lecturer. The student tells her story of choosing to study occupational therapy pathway in the Bachelor of Health Science at CDU, with the aim of completing graduate studies to become a registered OT. This can present many challenges, and for this Aboriginal student there were a few extra demands that many will identify with, including those of working, partnering, parenting, extended family, and community. For the lecturer the main challenge was balancing the expectations of the organisations with those of support and flexibility for the student.

The relationship that was forged between the student and the lecturer in many ways typifies the crucial importance of building culturally responsive connections, partnerships and relationships, respecting each other's ways of knowing, being and doing, contributing to the development of culturally safe and responsive practice within the allied health workforce, and negotiating strengths-based approaches to personal and professional challenges.

Kirsty is the bull, and her stubbornness (better known as commitment) that has led her to achieve many personal and professional goals throughout her life will continue to help her overcome the challenges through her journey to becoming an Indigenous Allied Health practitioner, whichever path she chooses.

Robyn is the rooster and while she loves to shake her feathers, prance around and make lots of noise, she 'knows what she doesn't know' and she is very happy to continue to negotiate culturally safe ways of working in partnership and supporting Indigenous peoples to forge their own paths.

Who will triumph? Will the bull get there no matter what? You'd better believe it!



Kirsty Nichols

Kirsty Nichols is a Muran, Kungarakun and Warrumangu woman from her mother's side, and from Nyikina people on her father's side. Kirsty is currently in her final year of the Bachelor of Health Science at Charles Darwin University and has committed herself to her studies whilst being full time worker, growing up a young family and involved in her community. Kirsty has worked full time throughout her degree and has managed a full-time study load while consistently meeting a GPA of 5.5 or above. Kirsty's work has predominantly been influencing cultural safety within tertiary health services, through policy design, implementation and evaluation projects.



Robyn Williams

Robyn has nursing and education qualifications and has nearly forty years of experience of working with Indigenous peoples, primarily in the NT but also all over Australia. Her experience and interests include cultural safety, effective communication; curriculum development and program implementation; evaluation of community-based programs; and qualitative research in Indigenous and rural and remote health issues.

Robyn has worked collaboratively with the NRHA, AMSANT, CATSINaM, IAHA, Lowitja Institute of Indigenous Health Research, and CRANAplus; and is working with IAHA on a Career Pathways project and a Cultural Responsiveness workshop package.

An Alternative Eye Health Care Pathway - Walking It Together: Supporting Aboriginal And Torres Strait Islander People To Access Cataract Surgery

Time: 2:50pm - 3:00pm Room: Waterfront 3

Tuesday 24 September 2019

Author: Amanda Sheppard

The Fred Hollows Foundation (The Foundation) continues the work of Professor Fred Hollows to end avoidable blindness and improve Aboriginal and Torres Strait Islander health. The Foundation's Indigenous Australia Program (IAP) and partners have delivered Intensive Eye Surgery Weeks (Intensives) in Australia since 2007. This is in response to high numbers of Aboriginal and Torres Strait Islander peoples on the wait list for cataract surgery and the need to address cataract and difficulty in navigating treatment pathways.

The IAP worked with partners from the ACCHO and private health sectors in the Katherine and Darwin regions using a continuous quality improvement (CQI) approach. By resourcing key personnel and engaging services to facilitate an alternative pathway to cataract surgery for patients from the Katherine region; the IAP supported others to work together, to improve coordination and integration of Aboriginal and Torres Strait Islander eye care. The collaboration enabled closer coordination and integration of service delivery, an increase in eye health workforce; and most notably: an increase in eye care uptake and patient attendance for the Katherine region. Partners utilised their own processes, including CQI tools to capture and share information towards improving services, planning and coordination.

With dedicated facilitation and support in place along the eye care pathway for patients, the Intensives show that it is possible to address a backlog of cataract surgeries. Over four weekends, the IAP and its partners provided 48 cataract surgeries to patients from the Katherine region. This is on par with the number of cataract surgeries delivered at the regional hospital in a year. The Intensives enabled patients to access cataract surgery earlier than what is possible through the routine pathway for cataract care.



Amanda Sheppard

Amanda Sheppard is a Senior Program Officer at the Fred Hollows Foundation - Indigenous Australia Program. In this role, Amanda coordinates and supports a range of eye health project and programs throughout remote and regional areas across Australia. Amanda is originally from Far North Queensland and has worked in Indigenous Affairs for over 20 years, in various Australian government agencies and The Fred Hollows Foundation.



Dean Milner

Based in Katherine, NT - has been providing Optometry services to rural and remote clinics across the NT and WA for the past five years. Comprehensive experience delivering culturally responsive health care and outcomes driven by improving the Quality of Life for rural and remote Australians.



IAHA MERCHANDISE FOR SALE



IAHA Polos **\$30 SALE**

10 Year Anniversary Polo **\$40**

Black Hoodies **\$30 SALE**

Jackets **\$60**

Scarves **\$40**

Business Socks **\$15**

Sports Socks **\$10**

Bucket Hats **\$10**

Day 2 – Concurrent Sessions

Family Circles: An Education And Support Program For Families

Time: 11:05am - 11:30am Room: Waterfront 1 Wednesday 25 September 2019

Authors: Rikki Fischer & Kathy Katras

As an Aboriginal controlled, Not for Profit Company, FORWAARD Aboriginal Corporation has a focus on supporting and assisting people suffering from alcohol and drug misuse. While our 25-bed rehabilitation service is suitable for the initial treatment and care of clients, we have found through our many years of operations. More effort needs to be placed on supporting clients who have graduated from our program and transitioning back into society.

The team at FORWAARD are convinced that the most efficient way to support any person suffering from substance misuse is to provide a multitude of client centred, responsive, supportive and culturally sensitive programs and services. Including intensive rehabilitation programs, through too long-term aftercare and support. From our research, we believe that "Family members are often in a good spot to help people make safer choices about drugs." (2018 - Alcohol and Drug Foundation – Preventing harm in Australia) Accordingly, the FORWAARD team have developed a program which is aimed at reducing the strain on families by providing educative tools and one on one assistance to family members. Our aim is to arm participants with coping mechanisms to recognise changing behaviours and identify when these are becoming destructive, so they can respond positively and assertively with their loved ones. Thereby reducing the overall stress on families and empower them to support their loved ones as they recover.

Family Circles, the program we have developed provides opportunities for families, to gain an understanding of how best to support their relatives, as they progress back into the community. Our program is not only for FORWAARD clients, moreover, we offer our program to anyone in the Darwin area in need of our services. Consequently, we would like to present our program at the IAHA conference and share what we have identified with the community.



Rikki Fischer

Rikki is a proud Wiradjuri woman living and working on Larrakia Country in Darwin. She has a Bachelor of Health Science (mental health), Cert IV in AOD, Cert IV in Human Resources, Cert IV in TAE and a Diploma in Auditing. Rikki has been a member of IAHA since 2014 and has played an active role in supporting IAHA's NT Aboriginal Health Academy. Her passion is working with high school students to achieve their dreams, lives their lives to their full potential and to have a healthy lifestyle. She is dedicated to growing and supporting the next generation, the future workforce and future role models in the community.



Kathy Katras

Kathy Katras joined FORWAARD with a vast array of proficiencies. In coming to the cooperation, she brought with her, her dedication for research, having developed the "Hello Mr Meth" program and her skills as a volunteer in supporting "Families crying out for help". Kathy is an accomplished woman across many fields, however specifically for the AOD sector she has achieved Diploma qualifications in Mental Health and Counselling, as well as a Certificate VI in AOD. A significant achievement for someone who only entered the sector, seven years ago.

Respiratory Science In The Hospital And Community

Time: 11:35am - 11:45am Room: Waterfront 1 Wednesday 25 September 2019

Author: Darren G Smith

1. Giving the audience an understanding of the role of a Respiratory Scientist.
2. Teaching the audience some basic Respiratory Physiology.
3. Present two simple case studies of Respiratory disease, including basic interpretation.
4. Provide an overview of IROC (Indigenous Respiratory Outreach care). IROC are a dedicated Respiratory outreach team. They provide Respiratory services to remote regions in Qld.



Darren Smith,

Darren is a Jagera descendant with a passion for Indigenous Health which is largely attributed to the untimely, early deaths of some members of his family. Darren is a Respiratory Scientist with over 23 years clinical experience in major tertiary hospitals - Sunshine Coast University hospital and the Prince Charles hospital. He has worked with the Indigenous Respiratory Outreach Care (IROC) program for the past 9 years, travelling to provide clinics in rural/remote locations throughout QLD including dozens of visits to the Torres Strait Islands. He has affiliations with Griffith University, University of Sunshine Coast, Asthma Australia and the National Asthma Council. Darren has lectured, tutored, and supervised over 40 student placements. He regularly delivers spirometry workshops for Qld health, teaches Indigenous healthcare workers, local GP and practice nurses, as well as lung function interpretation for hospital medical interns and residents.



Talking After Stroke Or Brain Injury

Time: 11:50am - 12:00pm Room: Waterfront 1 Wednesday 25 September 2019

Authors: *Natasha Barlow, Michelle Dougan, Kylie Stothers, Lorraine Sholson, Elizabeth Armstrong, Natalie Ciccone and Ruth Barker*

Aboriginal and Torres Strait Islander Australians experience stroke at a younger age, more than twice as frequently and are three times more likely to be disabled after stroke compared to non-Indigenous Australians. However, uptake of stroke rehabilitation services is significantly lower. The Clinical Guidelines for Stroke Management (2017) highlighted the need for further evidence to support more culturally responsive rehabilitation services for Aboriginal and Torres Strait Islander Australians.

Wuchopperen Health Service, an Aboriginal and Torres Strait Islander Community Controlled Health Organisation in Far North Queensland (Cairns) is hosting a collaborative Type I effectiveness-implementation hybrid study. This study has been informed by researchers from Edith Cowan University (ECU) through their Missing Voices Project and Wangi (Talking) Project. Wuchopperen is delivering an evidence-based, culturally responsive rehabilitation intervention for Aboriginal and Torres Strait Islander people. This project is the first step in translating this evidence-based therapy from a university setting into a real-world setting.

People with acquired communication disorders after stroke and brain injury from Cairns are participating in 24 sessions of culturally sensitive assessment and therapy within the home environment. The service delivery model (a strength based 'yarning' framework) was developed in ECU, by a team of Aboriginal and non-Aboriginal researchers, and has continuously drawn on advice from Aboriginal people from Western Australia.

The focus has now shifted to Cairns, where different perspectives are being explored throughout implementation. As this service is being trialled, the team is collecting data to measure implementation success. The many processes involved (e.g. marketing, referrals, enrolment) and the barriers and facilitators to this service model within the real-world setting will be documented, with participant feedback highly valued.

Findings of our current study will support implementation of this culturally responsive service model into a full-scale service model that could contribute to closing the gap on future health outcomes.



Natasha Barlow

Natasha completed her Bachelor of Speech Pathology studies at James Cook University (JCU) in Townsville. Her interests in rural and remote health had her returning to her hometown of Cairns to work for Wuchopperen Health Service (an Aboriginal and Torres Strait Islander Community Controlled Health Organisation). She has also worked for Queensland Education and within private practice and is currently studying Auslan (Australian Sign Language).

Her main clinical interests include assessing and supporting general child development, neurological conditions/rehabilitation and sign language use. Natasha is also engaged with Speech Pathology Australia (SPA) nationally, through; interpreter project working group member, GP advocacy member, and judge and short listed for the SPA Book of the Year Awards (Indigenous category).

Culturally responsive stroke rehabilitation services are needed within Cairns, and Natasha is looking forward to contributing to the research in this field.



Michelle Dougan

Michelle is currently the Allied Health Clinical Services Coordinator at Wuchopperen Health Service. Michelle has also held positions as the acting manager for Allied Health. Clinically, she is currently working as the Optical Dispenser, working alongside the Optometrist. Michelle has a wide understanding of the service delivery models available at Wuchopperen and has supported the development and delivery of several Healthy Lifestyle Programs.

Michelle was recently awarded the Indigenous Development and Training Award. Michelle is currently undertaking her Certificate IV in Allied Health Services – specialising in Speech Pathology, Podiatry and Physiotherapy. Michelle will be the Aboriginal Allied Health Assistant working on the Talking after Stroke project.

Michelle is looking forward to working with the Speech Pathologist in the project to deliver a more culturally appropriate therapy model, based on a yarning framework.



Providing Culturally Responsive Podiatry Care To Central Australian Remote Communities

Time: 12:05pm - 12:15pm Room: Waterfront 1 Wednesday 25 September 2019

Authors: Tracey Brand & Brad White

The Central Australian Aboriginal Congress (Congress) is the largest Aboriginal community-controlled health service in the Northern Territory, providing comprehensive, holistic and culturally responsive health care to more than 18,000 Aboriginal people living in and nearby Alice Springs including five remote communities. With a high client population with a prevalence of diabetes, Congress provides a suite of allied health services within multidisciplinary mode of care including podiatry care. The presentation will share Congress' outreach model of podiatry care services to six remote Aboriginal communities in the Central Australian Region under a culturally responsive framework.



Tracey Brand

Tracey Brand is an Eastern Arrernte woman born and raised in Alice Springs. She is the General Manager of Health Services at the Central Australian Aboriginal Congress. Tracey has over twenty years of experience in leading Aboriginal service delivery across Aboriginal community-controlled organisations and the Northern Territory Government. Tracey represents Congress on Aboriginal issues on Territory and national committees and is an active Director on two local Aboriginal community-controlled boards.



Brad White

Brad White has degrees in both Podiatry and Human Movement. He has worked as a podiatrist for over a decade, including 4 years with the Central Australian Aboriginal Congress servicing local and remote Aboriginal communities and currently provides podiatry services to Nunkuwarrin Yunti. Brad has a passion for sport and biomechanics and now works with all levels of athletes from beginner to elite. He has a love for running and competed at State, National and International levels.

Building practical legal reforms to improve access for Indigenous women experiencing family violence by addressing the link between child protection, health services and reluctance to report

Time: 12:20pm - 12:30pm Room: Waterfront 1 Wednesday 25 September 2019

Authors: Marcia Langton, Kristen Smith, Tahlia Eastman and Karen Johnson

Reducing the levels of family violence for Indigenous women and children is a national priority, involving complex intersectional issues.

This paper draws on a mixed-methods study to investigate family violence policy, service delivery and legal assistance, aiming to enable better access for Indigenous victims of family violence, improve experiences and satisfaction with these services, and increase capacity to seek assistance from police, services, and pursue court processes.

The research is funded by ANROWS. This paper will focus on the connection between family violence and child protection, particularly how mandatory reporting by health services and the police disempowers women experiencing violence.

Interviewing local health service providers, Aboriginal Community Controlled services, non-Indigenous services, child protection services, Aboriginal legal services, and participants who have experienced family violence, has led to the development of a set of practical legal reforms to improve access to the legal framework for Indigenous female victims of family violence.

Conducting research in multi-jurisdictional areas across Mildura and Albury/Wodonga was critical in understanding how to work with and build on existing processes leading victims to underreport and disengage from the system.



Tahlia Eastman

Tahlia has Aboriginal heritage from the north-west coast of Tasmania. Tahlia is a Research Fellow at the University of Melbourne, where she is investigating family violence policy, service delivery and legal assistance, aiming to enable better access for Indigenous victims of family violence.

Tahlia previously worked as Policy Research Adviser for the Lowitja Institute, playing a vital role in many research projects including; key researcher in the 2018 Journeys to Healing and Strong Wellbeing - a project conducted by the Lowitja Institute for the National Mental Health Commission; contributing to the NHMRC Road Map three set of recommendations; engaging with key stakeholders to write and edit the 2019 Close the Gap Campaign Report.

Tahlia has recently completed her Honours thesis at the University of Melbourne on Aboriginal identity politics.

Working Towards A De-Colonised Teaching Methodology In Narrative Therapy & Community Work Learning

Time: 11:05am - 11:30am Room: Waterfront 2 Wednesday 25 September 2019

Author: Tileah Drahm-Butler

This presentation seeks to share the learning journey that Dulwich Centre has embarked on in delivering training in First Nations Narrative Therapy and Community Practice, and with the Masters in Narrative Therapy and Community Work, which is in collaboration with the University of Melbourne. We hope to share ideas of decolonising pedagogy, and the practical ways that we have worked towards decolonising this learning space and therefore towards decolonising Narrative Therapy and Community Work practice.

This discussion will highlight the ways that we attend to the politics of experience across intersections of power in order to engage in a continuous critique of colonising discourses. This presentation will be relevant for all Allied Health professionals who are interested in hearing about Narrative Therapy and Community Work. It will also be relevant for people who are in learning spaces and seeking to work towards decolonised practices.



Tileah Drahm-Butler

Tileah Drahm-Butler is an Aboriginal woman of the Darumbal and Wanyurr Majay Yidinji nations of Queensland, Australia and lives in Kuranda, North Queensland. Tileah graduated as a Social Worker from James Cook University in Cairns in 2003 and with a Masters in Narrative Therapy and Community Work in 2014 through the University of Melbourne. Tileah works in the Emergency Department of a busy regional hospital and is on the Dulwich Centre International Teaching Faculty where she leads the teaching of Narrative Therapy and Community Work through an Aboriginal lens in Australia and internationally. Tileah has also been appointed as the Dulwich Centre Chair of Feminisms, Intersectionality and Narrative Practice.

IAHA High School to Health Careers Program

Time: 11:35am - 11:45am Room: Waterfront 2 Wednesday 25 September 2019

Authors: Jordan Griffen, Kirrilaa Johnstone & Kylie Stothers

High School to Health Careers Program – Central Australia Program

One of IAHA's priorities is to grow the Aboriginal and Torres Strait Islander allied health workforce through effective access and entry pathways, promotion and support for allied health careers, skill development and retention.

The 2017-18 NT Primary Health Workforce Needs Assessment identified that, central to improving the participation of Aboriginal people in the health workforce, is the development of support roles, career pathways and the support and development of Aboriginal students studying for qualifications in health.

NT PHN commissioned IAHA to coordinate an adapted High School to Health Careers Program, delivered in a culturally safe and responsive way, to meet the needs of NT Aboriginal and Torres Strait Islander high school students.

Why the Aboriginal and Torres Strait Islander High School to Health Careers Program?

To build the allied health workforce in the NT we need to:

- increase the number of Aboriginal and Torres Strait Islander students studying for qualifications in health;
- improve completion/graduation and employment/retention rates; and
- create and promote work opportunities and environments that attract and support those practitioners in the NT.

Central Australia Program Trial

IAHA recruited 7 students from a variety of universities, disciplines and jurisdictions for the Central Australia Program.

The Program featured interactive, hands on sessions with high school students, linked to existing activities in the community strong engagement with local people and services. By increasing exposure of students to young Aboriginal and Torres Strait Islander health students, the intention is to stimulate interest in - and awareness of - opportunities and professions.

A Top End Program, including Darwin and Katherine, will be delivered in March 2020.





Jordan Griffen

Jordan is a proud Bundjalung and Kamilaroi woman from north east NSW who grew up on Wiradjuri lands. She is a recent addition to the IAHA community and is eager to continue the great work of the IAHA members, students and graduates that have come before her. Jordan is currently studying her Bachelor of Occupational Therapy at the University of Canberra and is progressing towards her Honours.

Jordan aims to break down the mainstream assessment and intervention strategies that tend to neglect those living in more rural and remote areas and those of whom that have needs which are more dynamic than the basic 'needs' in which current strategies are built off. Jordan aims to reshape and rebuild not only the strategies used today but also the approach to community-based intervention to incorporate the languages, traditions, occupations and the needs of people that are disadvantaged by the outdated and restrictive strategies used today.

Jordan is thrilled to be a part of something as vital as IAHA and is excited to see what the future holds.



Kirrilaa Johnstone

Kirrilaa is a proud Ngiyampaa and Barkindji woman from far west NSW. A recent IAHA supported Public Health graduate from the University of Wollongong, Kirrilaa is committed to addressing the disproportionately poor responses of both the health and justice systems when engaging with Aboriginal and Torres Strait Islander people. Kirrilaa has just commenced her Masters in Criminology in the hopes of eventually entering into community led research and system reform to improve the health and wellbeing outcomes of Aboriginal and Torres Strait Islander families and communities. In January 2019, Kirrilaa began a full time position with NATSIHWA as a Project Officer, through which she engages in project to support the Aboriginal and/or Torres Strait Islander Health Worker and Health Practitioner workforce in their unique and critical roles in providing culturally centred care to their clients. Kirrilaa has been involved with IAHA since 2013, during which time she has engaged heavily through the student space as an SRC member and Chairperson as well as consistently participated and mentored in the IAHA HFTC over the past 6 years.

Multidisciplinary Outreach Case Management In An Urban Aboriginal And Torres Strait Islander Primary Health Care Service

Time: 11:50am - 12:00pm Room: Waterfront 2 Wednesday 25 September 2019

Authors: Elizabeth Darlington and Genavie Tabuai

Chronic disease is a leading contributor to the disparity in health and life expectancy of Aboriginal and Torres Strait Islander peoples compared to non-Indigenous Australians. The Southern Queensland Centre of Excellence in Aboriginal and Torres Strait Islander Primary Health Care (CoE) is a multidisciplinary service providing clinical and preventive health services to its clients. Our HOMES Team, which consists of a Nurse Navigator, Case Managers and Aboriginal Health Worker, has a person-centred, multidisciplinary approach to its outreach model of care. The HOMES service assists clients to build on their own strengths whilst providing them with culturally appropriate outreach care to enable clients to achieve their health and wellbeing outcomes.

The HOMES Team provide a unique home-based outreach case management service to Aboriginal and Torres Strait Islander CoE clients. This model of care creates a partnership between the client and Case Managers and uses an assessment framework consisting of initial assessment, wellbeing plan, goal setting and a multidisciplinary case conference directed by the client to support their cultural, social and physical health needs.

Collaboratively the client and HOMES Team identify health and other professionals from various disciplines (internal and external) who may be required to support the client's goals and included in the wellbeing plan. Together they identify how to achieve the best outcomes for the client including identifying any gaps in the client's current health care. The aim is to support the client's holistic wellbeing with wellbeing plans including strategies such as increasing access to Government and non-Government services, housing, food security, social and cultural activities, health literacy and attending specialist or hospital appointments.

The HOMES Team is an essential part of the client's multidisciplinary team and research shows that the HOMES model of care increases client's self-rated health status and social and emotional and wellbeing.



Genavie Tabuai

Genavie Tabuai is a proud Aboriginal and Torres Strait Islander woman from Daly River and the Torres Strait Islands (Murray Island and Yorke Island), living in Cairns most of her life. Gen is an Aboriginal Health Worker within the HOMES Team. Gen supports the HOMES Team and CoE clients in a variety of ways such as providing cultural support, home visiting as well as assisting clients to attend medical and specialist appointments. Gen brings her bright vibrant personality with many stories from the Far North and clients enjoy yarning with her. Gen's passion is improving closing the gap for Aboriginal and Torres Strait Islander health and wellbeing outcomes. Gen is a role model in the community as she is married with three young children, working full time and in addition, currently working towards completing her Diploma in Aboriginal and Torres Strait Islander Primary Health Care this year.



Elizabeth Darlington

Elizabeth Darlington is a Nyawaygi Munburra woman from North Queensland who is a Case Manager with the HOMES team at the Southern Qld Centre of Excellence in Aboriginal and Torres Strait Islander Primary Health Care service. Elizabeth facilitates coordination of care for people with Chronic disease using a person-centred approach to assist clients to have better health and wellbeing outcomes. Elizabeth enjoys attending community events such as NAIDOC, MABO Day and Sorry Day and is well known for having a good yarn with community members to hear their stories and concerns in the community. Elizabeth's career spans 19 years and she has experience in both hospital and community settings. Her main interests are Indigenous Health, Chronic Disease, Palliative Care and Research.

Cultures And Connection - Remote Health Experiences Through Culture And Future Health Initiatives For Multidisciplinary Initiatives

Time: 12:05pm - 12:15pm Room: Waterfront 2 Wednesday 25 September 2019

Authors: Sue Lenthall & Maddy Bower

The Remote Health Experience (RHE) organised by the Katherine Flinders University campus, to coordinate a weekend for a teaching and learning opportunity for interdisciplinary practice for a cohort of health students, to be exposed to remote health practice and to experience new learnings within a safe environment.

The cultural component is based around the building of culturally safe and culturally responsive practices through exposure to localised Aboriginal culture diversity. The RHE provides a foundation for future development and exposure to interdisciplinary practice as a way to ensure our future health workforce is exposed to remote practice that is appropriate for the context and region.

Delivering through community development principles and addressing the cultural determinants of health. Exercising the focus on collaboration to contribute and understand the importance of culturally safe and responsive practice within the disciplines in health.

The RHE objectives are focused on developing students' skills, knowledge and behaviours within a multidisciplinary team and working with Aboriginal community members who live with cultural and historical experiences of past and recent policies.

Objectives

- Develop an understanding of remote health
- Improve inter-professional communication and respect for other professions and
- Improve understanding and confidence in working with Aboriginal clients.





Maddy Bower

Madeleine Bower works in the NTMP – Katherine Campus and is passionate about Aboriginal health and culture. She currently works in the role of a 'Lecturer in Indigenous Health' and provides a learning space which focuses on two way learning processes and delivering appropriate resources to educate the students. Maddy holds a Degree in Community Management and Development – Curtin University of Technology. Although Maddy's became a late bloomer in educating herself, her passion for learning grew and her recognition to see how research and evaluation is an important process to making positive change happen for Aboriginal people.

Maddy has lived in Katherine all of her life and is the youngest of 12. With family extensions out to Borroloola, Alice Springs, Tennant Creek and Elliott nations. Maddy's mother (Nida Wilson) played a significant role in life and contributed to her cultural learnings today, along with other cultural mentors such as the elders and Banatjarl Strongbala Wimun's Grup, Traditional Owners and many others.

Maddy has worked alongside many talented and skilled members of the workforce and understands the role of volunteering is also a critical to maintaining community engagement and to advocate for social change and improving health for Aboriginal people. Maddy has volunteered with the Katherine NAIDOC for 10 years and over the past few years, Maddy has also worked with the Katherine Stolen Generation group, and Banatjarl Strongbala Wimun's Grup, supporting and mentoring. Maddy has worked hard to become a better person and create a career where her knowledge and skills would be used for the better of humanity and improving Aboriginal health.



Ass Prof Sue Lenthall

Sue Lenthall is an educationalist with extensive remote area nursing experience. Working as a remote area nurse in Queensland and central Australia for over 20 years. She was one of the first teachers with the Aboriginal & Torres Strait Islander Education Program in Queensland, was the Executive Officer for the Council of Remote Areas Nurses of Australia before working as the education coordinator with the Royal Australian College of General Practitioners in Townsville. She was the foundation course coordinator of the Remote Health Practice program at the Centre for Remote Health and is responsible for overseeing the development of the program designed to prepare health professionals to practice in remote areas of Australia. She completed a PhD in "reducing occupational stress among nurses in very remote Northern Territory and is currently the director of Katherine Campus, Flinders NT

Improving Australian Aboriginal and Torres Strait Islander cancer outcomes and access to culturally safe radiation therapy treatment: where are we now?

Time: 12:20pm - 12:30pm **Room:** Waterfront 2 **Wednesday 25 September 2019**

Author: Tanya M Grant

Background: The Australian and Queensland Governments are committed to closing the gap in Indigenous disadvantage, including the life expectancy gap. In Queensland cancer is the leading cause of Indigenous death. This review aims to give an overview of Indigenous population data relevant to Queensland Health Metro North Hospital and Health Service, Cancer Care Services, report barriers and enablers to treatment for Indigenous Australians and identify government and peak body priorities.

Methods: A literature review was conducted using ProQuest and Google Scholar databases. Search terms included: "Australian Indigenous" or "Aboriginal and Torres Strait Islander", "radiotherapy treatment", "radiation therapy", "barriers" and "enablers". Targeted Google searches captured further reports, Indigenous population and cancer statistics. Twenty-five articles and nine reports were selected for relevance and inclusion. The search was limited to full-text English articles published since 2008.

Findings: Nationally and Queensland-wide, the mortality gap between Indigenous and non-Indigenous Australian populations, due to cancer, is increasing. Brisbane has the highest count of Indigenous Australians making Metro North Hospital and Health Service uniquely placed to make a difference. In this review, largely qualitative research provides a general overview of possible barriers and enablers to cancer treatment services, however context-specific data is required. Addressing Indigenous cancer outcomes and access to cancer treatment services are key priorities identified in Australian Government, Queensland Health Service and National Radiation Oncology strategic planning documentation.

Conclusion: In the future, improving Indigenous cancer outcomes will require funding and translational research to assist the practical implementation of evidence-based priorities to promote the coordination of cross-organisational initiatives and enable the development of sustainable models-of-care in the context of Radiation Oncology.



Tanya Grant

Tanya Grant is privileged to be a Radiation Therapist working within the Cancer Care Services team at the Royal Brisbane & Women's Hospital, in Brisbane. A mature-aged student, Tanya was born and raised in Mount Isa, Kalkadoon Country in outback Queensland, where she witnessed first-hand the health disparities experienced by Indigenous and remote communities. She is passionate about improving cancer outcomes, especially for Indigenous Australians. She was empowered and inspired by the Cultural Responsiveness Course she attended at the 2017 IAHA Conference and by her many family members whose lives have been impacted by cancer, to take action in order to make a difference.

Day 2 – Workshops

Interprofessional Skills For Allied Health Professionals

Time: 11:05am - 12:30pm Room: Waterfront 3 Wednesday 25 September 2019

Authors: Sueanne Gola & Nicola Cotter

Interprofessional education (IPE) and Interprofessional Practice (IPP) are emerging concepts within allied health education and health care practice in Australia. IPE occurs “when students from two or more professions learn about, from and with each other to enable effective collaboration and improve health outcomes” (WHO, 2010). IPP enhances the effectiveness of team based and coordinated health care. An Independent Accreditation Systems Review’s (Australian Health Ministers’ Advisory, 2017) recommended that there needs to be a common, cross-professional approach to the active support for interprofessional education in all accreditation standards and assessments. In line with these recommendations the emerging allied health workforce is experiencing IPE and developing interprofessional practice skills within their undergraduate and postgraduate studies. For the existing workforce these IPE and IPP remain largely unknown or novel concepts.

The Centre for Interprofessional Education, Toronto University, developed the Canadian Interprofessional Health Collaborative (CIHC) framework. The framework incorporates six competency domains; (1) interprofessional communication, (2) patient/client/family /community-centred care, (3) role clarification, (4) team functioning, (5) collaborative leadership, and (6) interprofessional conflict resolution. These six competencies are the foundation for achieving a “partnership between the team of health providers and their client in a participatory, collaborative and coordinated approach to shared decision-making around health and social issues” (CIHC, 2010).

The aim of this workshop is to develop the Interprofessional Practice competencies of the existing allied health workforce through didactic and interactive exposure to Interprofessional Education.

Learning outcomes

- Understand the difference between multidisciplinary and interprofessional health practice
- Understand the Interprofessional education framework developed by the Centre for Interprofessional Education, Toronto University.
- Experience core competencies of IPE through dyad and group activities and conversations.



Sueanne Gola

Sueanne is a Kamilaroi woman from Narrabri NSW. Sueanne has 15 years' experience as psychologist and has worked in infant, child and youth mental health for the past 9 years. This year Sueanne completed postgraduate studies and has commenced the clinical registrar program with the goal of becoming a Clinical Psychologist.

Sueanne is currently working as a Senior Psychologist in the Child and Youth Mental Health Services Adolescent Day Program at the Toowoomba Hospital.

Sueanne has worked at a Clinical Educator (Psychology) in a University Department of Rural Health (Southern Queensland Rural Health; SQRH). Whilst working at SQRH Sueanne completed training in interprofessional education and practice conducted by the Interprofessional Education Centre for Excellence. She was an integral member of an interprofessional team developing and delivering interprofessional education workshops to medical, nursing and allied health students in the Darling Downs Region (QLD) in 2018.



Nicola Cotter

Nicola is currently the lead for Interprofessional Education (IPE) and Interprofessional Collaboration (IPC) at Southern Queensland Rural Health in the Darling Downs region. She began her career as a University of Queensland graduate physiotherapist and took up work at Innisfail Hospital in North Queensland. She moved south and increased her experience in metropolitan and rural practice with roles at Ipswich Hospital, Roma Hospital and Tamara Private Hospital in Tamworth. During her time in Queensland and New South Wales, Nicola expanded her skills across acute, community and chronic disease management. At Tamworth she established a Day Rehabilitation Program, co-ordinating the clinical load and managing a multi-disciplinary team. She has a passion for Interprofessional learning and development. Nicola is committed to ensuring high quality placements for nursing, midwifery and allied health students and developing innovative strategies for continued growth in placement numbers across this region.

Eye Care For All - Enhancing Eye Health Through Allied Health

Time: 11:05am - 12:30pm Room: Hall 1

Wednesday 25 September 2019

Authors: Mitchell D Anjou & Lauren Hutchinson

This interactive workshop will equip allied health professionals with background knowledge and some additional skills regarding common eye health and eye care issues and suggestions on how best to provide appropriate advice and support to people who may mention vision problems and need to seek care.

The workshop will provide an overview of the key causes of vision loss for Aboriginal and Torres Strait Islander peoples and the current initiatives and progress being made to eliminate preventable vision loss and blindness.

Participants will learn about eye care, the eye care professions, the equipment and technology used to support eye care, the Australian and state/territory governments approaches and programs, including health promotion initiatives, and the systems of care that are being reformed to improve Indigenous eye health outcomes.

Allied health practitioners can contribute to efforts to close the gap for vision through simple eye assessments, with conversational history-taking and practical testing, and can help identify vision problems and reduce unnecessary vision loss from trachoma, refractive error, cataract and diabetes.

Learning outcomes

1. To appreciate and understand the inequities in Aboriginal and Torres Strait Islander eye health and care, the underlying causes of these inequities and the strategies that are being adopted to improve Indigenous eye health outcomes
2. To understand and apply principles of prevention, detection and management of common eye conditions including appropriate enquiry, advice and support for patients
3. To understand and apply simple eye screening and checking techniques
4. To learn about eye care, the eye care professions, the equipment and technology used to support eye care, the Australian and state/territory governments approaches and programs, including health promotion initiatives, and the systems of care that are being reformed to eliminate the gap for vision
5. To assess the importance and potential of allied health involvement to close the gap for vision and identify individual and the professional contributions to achieve and maintain equitable Indigenous eye care



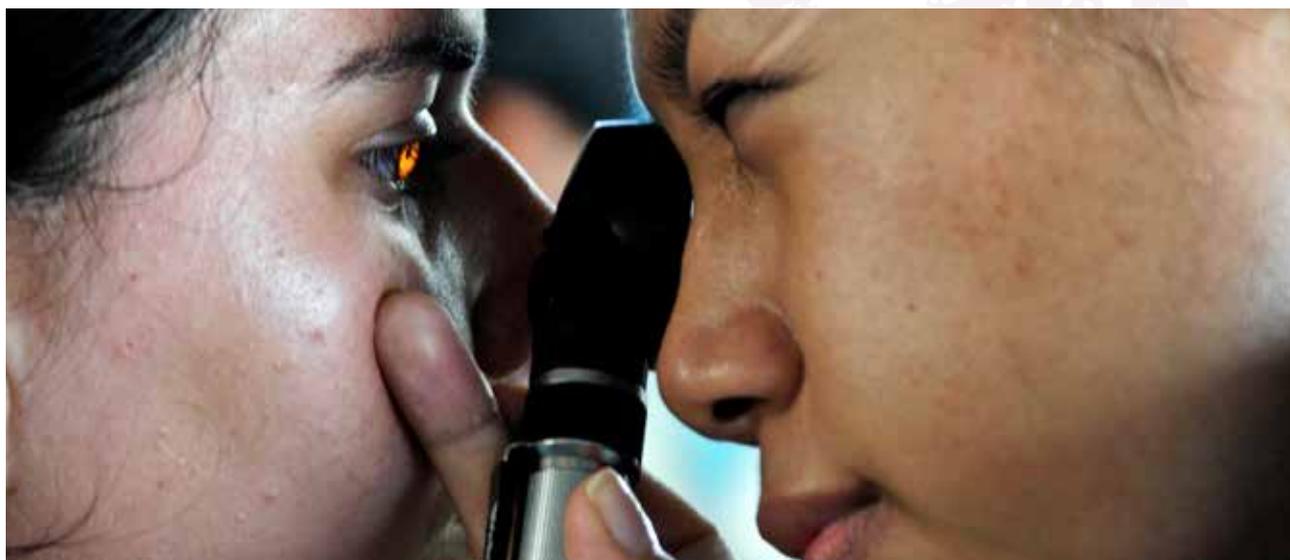
Mitchell Anjou

Mitchell Anjou AM is an optometrist and public health practitioner who works as an Academic Specialist and Senior Research Fellow in Indigenous Eye Health at The University of Melbourne. He leads advocacy and implementation initiatives to Close the Gap for Vision for Aboriginal and Torres Strait Islander Australians. Mitchell directed public eye care services in Victoria for over two decades at the Australian College of Optometry and currently contributes through boards and committees of the Australian College of Optometry, the Optometry Council of Australia and New Zealand, Vision 2020 Australia, Optometry Australia and jurisdictional and regional eye care groups across Australia.



Lauren Hutchinson

Lauren is a proud Murrwarri woman who grew up in Molong NSW. Lauren graduated from QUT in 2017 with a Bachelor of Vision Science/Master of Optometry. Lauren currently lives and works on Wiradjuri country in Forbes NSW. Since graduating Lauren has worked in independent practice and works alongside a number of community organisations to help deliver optometry services across the Central West. Lauren is a current member of the Early Careers Optometrist NSW/ACT committee as well as a past student representative of IAHA.



Tabletop Discussions

Rural Health Pro - Connecting the rural health workforce

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: **Dr Laura Hardaker**

Rural Health Pro is a network of healthcare professionals and organisations passionate about keeping rural communities healthy. Powered by NSW Rural Doctors Network – a Rural Workforce Agency for more than 30 years – Rural Health Pro partners with more than 150 organisations to deliver information, career opportunities, training resources, mentor programs, funding opportunities and events to a network connecting through a personalised digital experience. We are seeking the experience, knowledge and voice of the Indigenous workforce to influence and guide this platform.

Connect today! www.ruralhealthpro.org



Dr Laura Hardaker

Dr Laura Hardaker is a qualified occupational therapist with a PhD in mental health. She worked clinically for over thirteen years and now works for the Rural Doctors Network as their workforce engagement manager. Laura is passionate about the health and wellbeing of all individuals across Australia and her work at RDN has focused on supporting the health workforce by promoting access, quality and sustainable health services. Through the advancement of Rural Health Pro, Laura continues to work on connecting health professionals across Australia.



Yarning together: developing a culturally secure rehabilitation approach for Aboriginal Australians after brain injury

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Authors: Natalie Ciccone, Elizabeth Armstrong, Michael Adams, Dawn Bessarab, Deborah Hersh, Meaghan McAllister, Erin Godecke, Julie Coffin and Mitchell Walley

Stroke and traumatic brain injury are more common in Aboriginal Australians than their non-Aboriginal counterparts, yet knowledge surrounding what constitutes a culturally secure and accessible rehabilitation service for Aboriginal Australians is sparse. This research (Lowitja Institute Funding 2018- 2019) worked with Aboriginal people with an acquired communication disorder (ACD) following brain injury and aimed to test the feasibility and acceptability of a culturally secure model of speech pathology rehabilitation delivered via one of two modes: face to face or using telehealth technology.

Participants (n=11) with an ACD after stroke or traumatic brain injury (>1 year- 18 years post onset) were allocated to one of two groups: face to face therapy or therapy utilising telehealth technology and received 16 x 1 hr treatment sessions provided twice weekly. Therapy used collaborative planning, integrated a yarning framework, and was provided jointly by a speech pathologist and Aboriginal co-worker. The participants' perspectives on the acceptability of therapy provided through the study and change in everyday communication were collected through semi-structured interviews which were analysed through qualitative descriptive analysis. Improvement in the participants' communication skills were measured through change in verbal output within language samples collected at multiple time points across the study. The Aboriginal Co-Worker's and Speech Pathologist's perceptions on the acceptability the therapy provided were collected through semi-structured interviews and analysed through qualitative descriptive analysis.

This paper will present the therapy protocol, an explanation of the key elements of the model of service delivery and approach to the therapy provided together with findings from the study. The findings from this study will provide direction for rehabilitation therapists who provide services to Aboriginal brain injury survivors to improve quality of care and provide culturally secure services.



Mitchell Walley

Mitchell is a proud Ballardong man of the Noongar nation and is about to finish his degree in Speech Pathology at Edith Cowan University (ECU). In his spare time, he enjoys sport, specifically basketball and footy, and enjoys movies and acting and is keen to begin a course at the Western Australia Academy of Performing Arts (WAAPA) in Aboriginal Performance to incorporate cultural and contemporary acting, singing and dancing.



Natalie Ciccone

Associate Professor Natalie Ciccone is the Associate Dean of Allied Health and an Associate Professor within the Speech Pathology program at Edith Cowan University. She is the lead investigator on the Yarning Together project.

An SEWB multidisciplinary model of care in Aboriginal health

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: Fiona Haddon

Central Australian Aboriginal Congress is a large Aboriginal community-controlled health service based in Alice Springs in the Northern Territory. Established in the 1970s, Congress has developed a comprehensive model of primary health care (PHC) with an emphasis on evidence-based services built on a foundation of cultural safety. Intergenerational trauma, poor mental health and social and emotional wellbeing and high levels of AOD use remain widespread and part of the daily experience of Aboriginal people in Central Australia. Congress has developed a comprehensive model of PHC, founded on both addressing the determinants of health and wellbeing at a population level and treating poor health as it is expressed in the lives of individual Aboriginal community members. The Congress SEWB multidisciplinary approach has been developed to better meet the needs of clients with these co-morbidities with other complimentary services such as Link Up for our Stolen Generation members and families, youth support services (including services in youth detention) and violence intervention programs that have been shown to improve outcomes. The Congress SEWB Multidisciplinary approach under a three stream of care model (using the strength of allied health disciplines) is better meeting the needs of clients with co-morbidities of substance use disorders, other mental health / social and emotional well-being issues and medical conditions. The Presentation will share the common feature of our model that support integrated care, case management approaches, co-location of services and delivering the SEWB model across town and remote services.



Fiona Haddon

Fiona Haddon is an Arrernte woman, a proud mother of two and holds a bachelor's degree in Behavioural Science (Psychology). She has over 20 years of leadership experience in the Aboriginal Community Controlled Health sector and in the Australian Government Bureau of Statistics' (ABS) National Centre for Aboriginal and Torres Strait Islander Statistics, leading major projects such as the National Aboriginal and Torres Strait Islander Health Survey, the National Aboriginal and Torres Strait Islander Social Survey, and the provision of qualitative and quantitative data for the Productivity Commissions Overcoming Disadvantage report. Fiona has led the Congress Social and Emotional Wellbeing Service, providing leadership and management to the Youth Outreach Team working with disadvantaged and at-risk young people and currently leads the Link Up Service in Central Australia providing support to members of the Stolen Generations.

Community paramedics for the community

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: James Tronc

The Australian Health Practitioner Regulation Agency's (AHPRA) recognition of paramedicine as a health profession coincides with the emergence of Indigenous Paramedics ready to make their presence known across the wider Indigenous Health Workforce.

The ten-year Closing the Gap report card has demonstrated that the combined Australian Governments are failing to close the health gap in Indigenous Health.¹ To rectify this, it has been widely suggested that better health outcomes can be achieved through preferential expenditure to Aboriginal Community Controlled Health Organisations (ACCHOs) to allow for greater community coordination of primary healthcare to better identify and fill health service gaps.¹

Community paramedicine is a healthcare model that can be used to fill health service gaps by expanding the scope of practice for traditional emergency paramedics. Community paramedic models currently in practice across North America have optimised primary healthcare across rural communities by increasing the clinical capacity of the paramedic to treat non-emergency and lower acuity patients in the home.² Similar initiatives are arising in Australia, however, there has been no proposed or targeted community paramedic healthcare model aimed at complementing ACCHOs efforts in delivery high-quality primary healthcare to Indigenous communities. Holland C. A ten-year review: the closing the gap strategy and recommendations for reset. 2018.

Patterson DG, Coulthard C, Garberson LA, Wingrove G, Larson EH. What Is the Potential of Community Paramedicine to Fill Rural Health Care Gaps? *Journal of health care for the poor and underserved*. 2016;27(4a):144-58.

A well-developed community care paramedic model with Indigenous Paramedics at the forefront should be implemented into a new Closing the Gap strategy. It is hypothesised that an Indigenous Community Paramedic healthcare model delivered through ACCHO's would provide greater access to primary health care for Australia's Indigenous communities.



James Tronc

James Tronc is of Eastern Arrernte descent from Central Australia's Harts Ranges through his Grandmother and has strong family connections across the Dajarra and Mount Isa areas. Born and raised in Chinchilla, South West Queensland, he now resides in Brisbane where he is currently a 3rd Year Medical Student at the University of Queensland.

James holds both Bachelor and master's degree qualifications in paramedicine with nine years of clinical experience in the field. James' paramedic career has primarily taken place in Townsville, North Queensland, but has included stints in Bowen, Ingham, Ayr and Palm Island. Working across these communities as a paramedic has provided James with a different perspective on tackling chronic disease management and prevention within Indigenous communities. Knowing and understanding the impact that Indigenous paramedics can have in the community has inspired James to pursue a medical career where he can influence healthcare innovation in the area.

How do we make data speak using culture based data visualisation

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: Assoc. Prof Raymond Lovett

This table top discussion aims to assist Mayi Kuwayu, the national Aboriginal and Torres Strait Islander study of wellbeing go beyond current data visualisation approaches used in health. Common data visualisation approaches often include graphs, charts and tables. The discussion seeks to engage participants on how to make Mayi Kuwayu data speak to Aboriginal and Torres Strait Islander people in ways relevant to them and their lives. International experience shows that visual data created for different populations is effective for strengthening responses to health promoting beliefs and behaviours. Therefore, this approach has the potential to improve health outcomes.



Ass Prof Raymond Lovett

Associate Professor Raymond Lovett is a Ngiyampaa/Wongaibon epidemiologist with experience in cohort studies, health services research, public health policy and evaluation. The emphasis of his research is on the links between Aboriginal and Torres Strait Islander culture and improved wellbeing outcomes and health services. Ray is the study director of Mayi Kuwayi, the National Study of Aboriginal and Torres Strait Islander Wellbeing.



NSW Health – Allied Health

The NSW public health system is world-class. It is the biggest public health system in Australia with over 100,000 dedicated staff who make up the health workforce. Allied health workforce comprises more than 11% of the total public health workforce in NSW and is vital to the care of patients in hospitals and in the community.

NSW Health comprises of 15 local health districts and three specialty networks which cover the metropolitan, regional and rural communities of NSW. We recognise the importance of having a health workforce that is trained, organised and deployed creatively and intelligently to meet the changing needs of health consumers, carers and the wider population of NSW.

23 allied health disciplines are employed in NSW Health. The Allied Health Portfolio of the Workforce Planning and Talent Development Branch focuses on emerging NSW allied health issues and undertakes workforce planning projects for to identify the workforce requirements now and into the future.

To find out more, visit either

www.health.nsw.gov.au/workforce/alliedhealth
www.health.nsw.gov.au/workforce/aboriginal

The staying strong toolbox for Aboriginal families with MJD in the top end of Australia

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: Jen Carr

Aboriginal people from Groote Eylandt and Ngukurr have developed and trialled the *Staying Strong Toolbox* for individuals and families with Machado Joseph Disease (MJD). MJD (or spinocerebellar ataxia type 3) is an inherited neurodegenerative disease characterised by progressive loss of mobility and coordination of movement. While MJD is the most common spinocerebellar ataxia worldwide, it has the highest prevalence in affected Aboriginal communities in the Top End.

Physical activity enhances mobility for individuals with degenerative ataxias, however there is limited research on mobility specific to MJD and no research on mobility for Aboriginal families with MJD in Australia. As a result, families with MJD from Groote Eylandt invited researchers to collaborate with them to develop a meaningful, physical activity program to keep them 'walking and moving around'.

This presentation will outline the community driven process and collaborative partnerships that led to the co-design of the Staying Strong Toolbox; a physical activity and lifestyle program for Aboriginal families with MJD. Community researchers from Groote Eylandt and Ngukurr worked together with a University researcher to design the Staying Strong Toolbox by:

1. Identifying 'what works best' to keep families with MJD 'walking and moving around' from the perspective of Aboriginal families with MJD and research gathered from overseas.
2. Putting the ideas together to develop the Toolbox.
3. Piloting the Toolbox.

The Staying Strong Toolbox had a positive impact on walking and on quality of life for individuals living with MJD on Groote Eylandt and in Ngukurr. In Australia and internationally, the 'Toolbox' has the potential to keep families with MJD living a good life for longer. This story may strengthen future collaborative research by and with Aboriginal and Torres Strait Islander communities.



Joyce Lalara
MJD Foundation
Community Researcher

Joyce Lalara is an Aboriginal woman of Groote Eylandt and community researcher who has worked for the MJD Foundation (MJDF) since 2011. Joyce has extensive experience in cross cultural communication, supporting families with MJD to understand research and medical concepts and guiding MJDF staff and researchers working with families with MJD. Joyce has supported MJD therapy programs and education programs through her work with the MJDF.



Jen Carr

Jen Carr is a PhD candidate and Physiotherapist working alongside families with MJD and the MJD Foundation to help find the best ways to keep families with MJD walking and moving around. Jen grew up in North Queensland and has spent most of her physio career working in Neurological Rehabilitation across inpatient, outpatient, community and rural and remote settings across Queensland.

A divisional approach to collaboration on Aboriginal strategy in health sciences

Time: 1:30pm - 3:00pm Room: Waterfront Wednesday 25 September 2019

Author: Michael Watkins

The Aboriginal Strategy Group (ASG) has been in operation within the Division of Health Sciences of the University of South Australia since September 2014. The group assists the Division to respond appropriately and strategically to the University's Reconciliation Action Plan and supports the University as an 'Aboriginal and Torres Strait Islander University of Choice'.

Current chair of the ASG is Michael Watkins, who identifies as a descendant of Mudburra people from the Northern Territory and is employed as the Aboriginal Allied Health Lecturer within the Division of Health Sciences, based within the Department of Rural Health.

The group has 24 self-nominated members (both Aboriginal and non-Aboriginal) comprising academic and professional staff from a range of allied health disciplines, including Occupational Therapy, Physiotherapy, Podiatry and Medical Radiations, as well as Nursing and Pharmacy. ASG's aims are to develop a culturally appropriate and safe environment for Aboriginal students and staff, build capacity for all students and staff to work together in culturally appropriate ways, build cultural capabilities in curriculum horizontally and vertically, facilitate Aboriginal content with curriculum and develop Aboriginal focussed placements.

This presentation will showcase the history of ASG and its membership, how the group operates, what the collective aims are, the benefits of this group for our members on a personal and professional level and how we contribute to the broader strategic direction of the university. It will identify how Aboriginal and non-Aboriginal academics and staff members of UniSA collaborate in achieving common goals.



Michael Watkins

Michael Watkins identifies as a descendant of the Mudburra people from the Northern Territory. He has been employed by the University of South Australia, Department of Rural Health for over three years, currently holding the role of Lecturer: Aboriginal Allied Health. Michael is a graduate of UniSA's Nutrition and Food Science program with an interest in improving food security and health conditions associated with food in Aboriginal communities, as well Health Science curricula and student understandings of nutrition related health conditions faced by Aboriginal people and communities.



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Flinders
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Time: 1:30pm – 3:00pm Room: Hall 1

Wednesday 25 September 2019

The Indigenous Allied Health Australia (IAHA) 2019 HealthFusion Team Challenge (HFTC) is a learning experience for Aboriginal and Torres Strait Islander health students designed to educate the nation's next generation of health care professionals in collaborative client care.

Participating in the IAHA 2019 HFTC provide Aboriginal and Torres Strait Islander health students opportunities to:

- Experience working in an interprofessional team to solve problems and determine the best care for a person with complex care needs
- Receive mentoring from a number of experienced and inspirational Aboriginal and Torres Strait Islander mentors from a wide range of professions
- Gain confidence in public speaking and presenting in front of small and large groups
- Meet and make friends outside their profession and from across Australia
- Grow their professional networks

About the participants...

All currently enrolled Aboriginal and Torres Strait Islander tertiary health students were eligible to participate. This year we have students from Exercise Science / Physiology, Dentistry, Health Science - OT Pathway, Medicine, Mental Health, Paramedics, Nutrition & Dietetics, Occupational Therapy, Pharmacy, Physiotherapy, Public Health, Psychology, Radiation Therapy, Social Work and Speech Pathology.

How it works...

Students registered ahead of the IAHA 2019 National Conference to compete in the IAHA HFTC and were allocated into interprofessional teams. Students in 2nd, 3rd, 4th and/or final years were given preference in disciplines where there were larger numbers of applicants.

Over two and a half days (20-22 September 2019), with the guidance of profession Mentors, each team developed a management plan which reflects best practice for a complex case study. During the Heats on Sunday afternoon, each team presented their plan to a panel of expert Judges and responded to a number of extension questions and activities under time conditions. The Judges then selected two teams to progress to the Final Showdown.

The Final Showdown...

Today these two teams will re-present their management plans and respond to an extension question. The team that demonstrates the greatest mastery of teamwork and communication throughout the course of the event will be declared the winner and 2019 IAHA HFTC Champion.

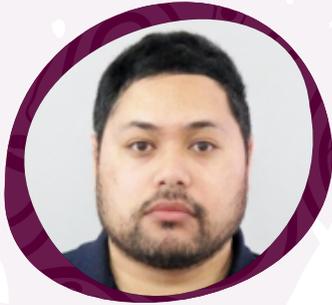
Prepare to be inspired and enjoy the IAHA HealthFusion Team Challenge!



Poster Presentations

Room: Exhibition Foyer

Mentoring group for Maaori and Pacific PT and OT students



Eti Televave

NZ born Samoan, raised in South Auckland. I have worked my whole 11-year career so far at Counties Manukau DHB, initially as a Physiotherapist, but now mostly in health professional education within the People and professional development team. I organise clinical placements for 3rd and 4th year physiotherapy students from AUT University, provide supervision training for clinical supervisors, and support both students and supervisors throughout the clinical placement year. In addition, I also help to support the orientation of allied health new graduates when they join the organisation and-facilitate group supervision of allied health new graduates during their first year of practice. Increasing the number of Maaori and Pacific allied health staff to serve our majority Maaori and Pacific population is a very strong passion of mine.

Engaging with IAHA, leadership and my allied health journey



Jed Fraser

I am a proud Mandandanji and Bidjara man, currently studying a Master of Public Health (Health Promotion). I have been involved with IAHA since 2016 and was an IAHA SRC member in 2017. U have been involved in two health team fusion challenges as a student and in 2018 as a graduate mentor. I currently work at the Queensland Aboriginal and Islander Health Council as a research officer and as a sessional academic for the keystones for success program at QUT. In 2018 I received the QUT Alumni Special Excellence Leadership Award for working with Indigenous communities. I am interested in Aboriginal and Torres Strait Islander health research, particularly in the Community- Controlled health sector and would like to continue studying a PhD.

Cultural welcome packs: supporting cultural strength and healing



Anna Maria Bell

Anna Maria Bell is a descendant of the Batchula, Bindal and Wakka Wakka peoples. She has worked with Aboriginal and Torres Strait Islander families in Queensland Health for 11 years. She has a Bachelor of Social Work (Honours) from Deakin University and a Master of Philosophy by research from the University of Queensland.

Cultural Responsiveness in Action



Charlie Giles

Charlie is a descendant of the Wonnarua & Worimi people in NSW. She grew up in Kamilaroi/Gomeroi country riding horses and living on a farm and still enjoys going home as often as she can. Charlie has been a qualified facilitator for over 20 years working with Indigenous families and players from a range of countries in the NRL working as a Training and Development Manager. Charlie now lives in Ngunnawal country and has worked in Indigenous Health since 2015 as Professional Development Officer for NATSIHWA and now Training & Development Manager for the team here at IAHA.



Hayley McQuire

Hayley is a proud Darumbal and South Sea Islander. She is a passionate advocate for Indigenous social justice and ending education inequality. She is the National Coordinator and Co-Founder of the National Indigenous Youth Education Coalition, which is focused on asserting Indigenous rights to education. She is a firm believer of authentic youth engagement and representation and is a former member of the UN Secretary General's Global Education First Initiative Youth Advocacy Group, UNICEF Australia Youth Ambassador, UNESCO MGEIP Youth Ambassador and Global Partnership for Education Youth Champion. Hayley has worked as a capacity support and advocacy advisor to education coalitions in Vanuatu, Solomon Islands and Papua New Guinea. She has also held roles in Indigenous community media, health and leadership development. She is the Co-Chair of the Oxfam Aboriginal and Torres Strait Islander Advisory Committee, and her writings on education and social justice have been published in The Guardian, New Matilda and Croakey.

Supporting our members through mentoring



Donna-Maree Towney

Donna-Maree is a Gunditjmara woman, married to a Wiradjuri man with three children. She was raised on Ngunnawal country but has a strong connection to her country and family and travels back with her kids as often as she can.

DM has been a Project Officer for Indigenous Allied Health Australia (IAHA) for two years and has been working on the Remote and Rural Indigenous Allied Health Workforce Development project, working closely with remote communities to design their own allied health workforce that supports them economically, their health and wellbeing outcomes and support Aboriginal and Torres Strait Islander people with disability.

DM also manages the IAHA Mentoring Program, connecting mentors and mentees across the IAHA membership to share experiences, skills and knowledge that support allied health and individual journeys.

NT Health Academy : The Journey so far



Kylie Stothers

Kylie Stothers is a mother of two children and a Jawoyn woman who was born and raised in Katherine, NT. Kylie comes from a large extended family with strong ties in Katherine and surrounding communities. Kylie is the Director of Workforce Development at IAHA and is also a social worker who has worked throughout the Northern Territory for almost 20 years. She previously worked for the Centre for Remote Health/Flinders University NT at the Katherine site and has worked in the areas of Aboriginal Community Controlled Health Services, hospitals and NGO's. Kylie is passionate about education, health and issues that relate to remote and rural Australia. Her interests' areas are in health workforce, working with children and families, health promotion, child protection, remote health practice and contributing to supporting and growing our next generation of health professionals.



Rikki Fischer

Rikki is a proud Wiradjuri woman living and working on Larrakia Country in Darwin. She has a Bachelor of Health Science (mental health), Cert IV in AOD, Cert IV in Human Resources, Cert IV in TAE and a Diploma in Auditing. Rikki has been a member of IAHA since 2014 and has played an active role in supporting IAHA's NT Aboriginal Health Academy. Her passion is working with high school students to achieve their dreams, lives their lives to their full potential and to have a healthy lifestyle. She is dedicated to growing and supporting the next generation, the future workforce and future role models in the community

DARWIN CONVENTION CENTRE FLOOR PLANS

LEVEL 2



- Toilets
- Baby Change
- Accessible Toilets
- Stairs
- Escalators
- Lift
- Cafe/Bar
- Pay Phone
- Operable walls

LEVEL 1



GROUND LEVEL



The following rooms can be divided:

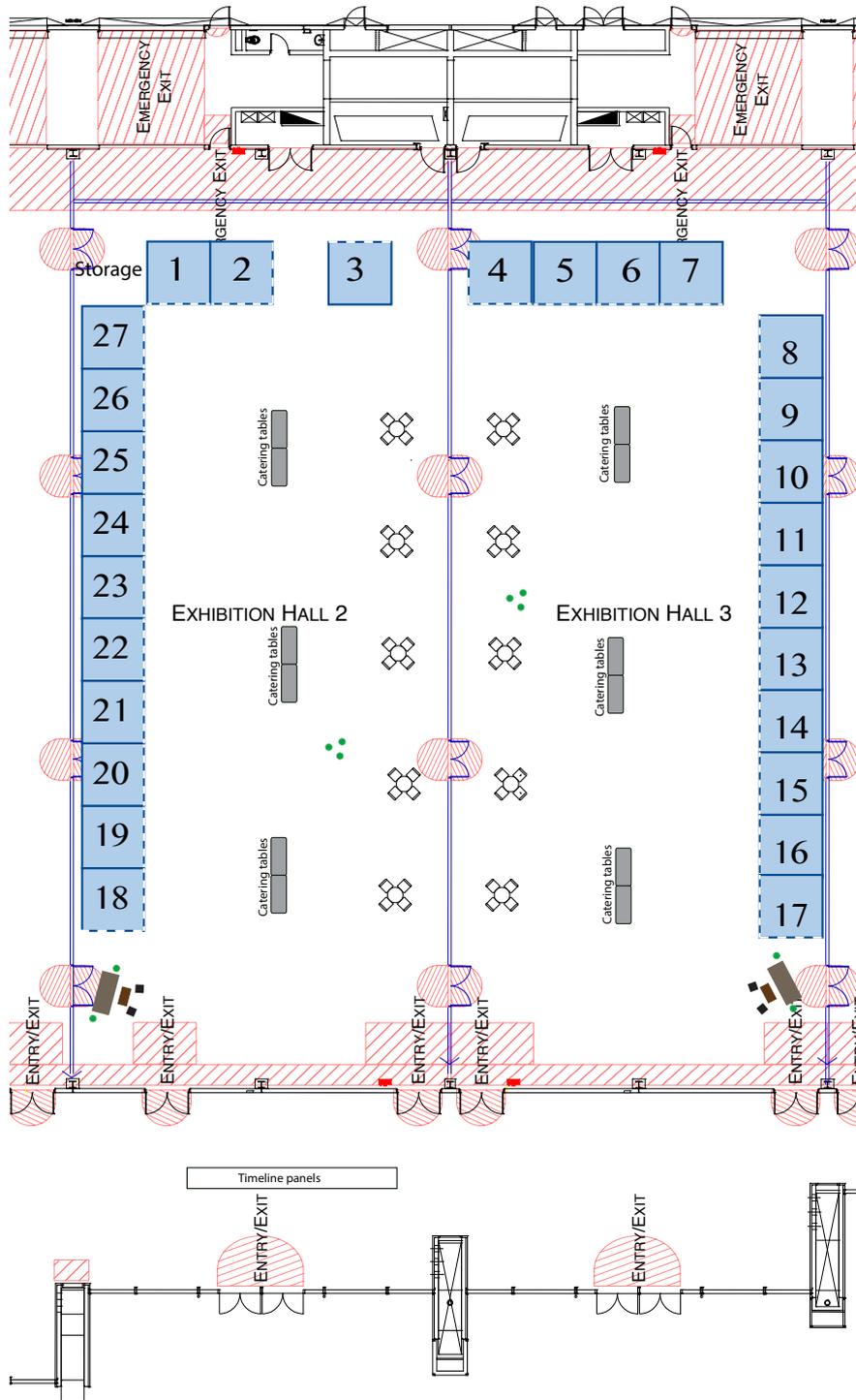
Auditorium:
into two equal spaces

Halls 1 – 4:
into three spaces

Meeting Rooms:
into two or four spaces

Waterfront Rooms:
into three spaces

Exhibitor Map



- | | | |
|-------------------------------------|--|---|
| 1. Indigenous Allied | 12. Westpac | 21. Rural Locum Assistance Program |
| 2. Health Australia | 13. HESTA | 22. Majorlin Kimberley Centre for Remote Health |
| 3. IAHA Story Booth | 14. Palliative Care Education and Training Collaborative | 23. Institute for Urban Indigenous Health |
| 4. NATSIHWA | 15. JCU Centre for Rural and Remote Health | 24. Australian Indigenous HealthInfoNet |
| 5. Starwin | 16. ARRCs | 25. Australian Institute of Health and Welfare |
| 6. Tradara | 17. Flinders University NT | 26. The Fred Hollows Foundation |
| 7. Miriam Rose Foundation | 18. Rural Health Pro | 27. AMSANT |
| 8. CheckUP Australia | 19. Health Workforce Queensland | |
| 9. Northern Territory PHN | 20. Rheumatic Heart Disease Australia | |
| 10. Medibank Private | | |
| 11. QUT-HealthFusion Team Challenge | | |



YEARS MAKING A DIFFERENCE



Indigenous Allied Health Australia
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